



**Yarra Ranges** Council

# **Draft Active Recreation Plan 2023**



Yarra Ranges Council acknowledges the Wurundjeri and other Kulin Nations as the Traditional Owners and Custodians of these lands. We pay our respects to all Elders, past, present, and emerging, who have been, and always will be, integral to the story of our region. We proudly share custodianship to care for Country together.



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Photo: Kylie Gromadovski

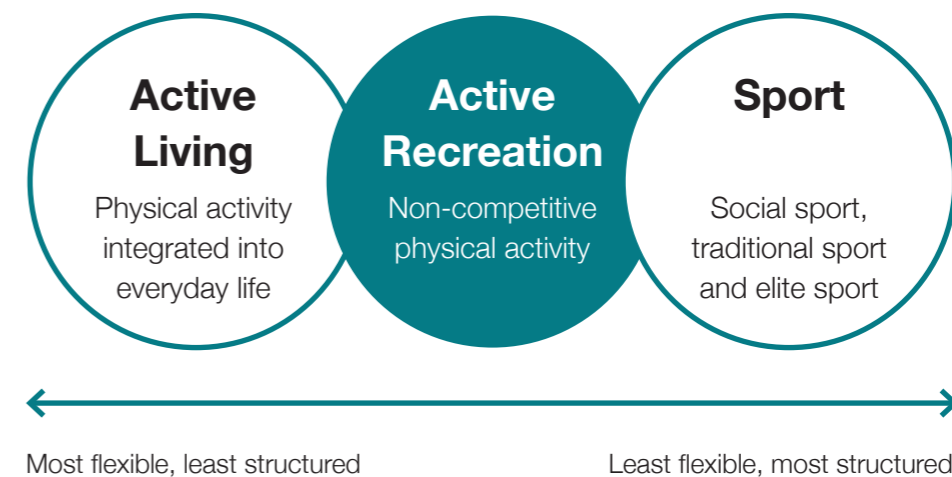
## Introduction

### What is active recreation?

Physical activity is good for everyone, in a multitude of ways. It makes you healthier, it can be a mood lifter and it can be a social connector. There is a spectrum of physical activity that people undertake ranging from ‘active living’ (walking places, gardening, etc) through to organised and elite sport. Active recreation (the focus of this Plan) sits between these two, as seen in figure 1.

Active recreation can be defined as ‘leisure time physical activity undertaken outside of structured, competition sport’ (<https://sport.vic.gov.au/our-work/participation/active-recreation>). It provides participants with a wide range of benefits related to physical health, mental health and social interaction. While all activity types can provide these benefits, active recreation plays an important role because it allows people to participate in a way of their choosing at a time that suits them. This flexibility can help to overcome barriers to participation that exist for more structured activity types.

The importance of active recreation is underscored by research that has shown that active recreation makes up at least 80% of all physical activity undertaken for all age groups, and up to 85% of physical activity undertaken for some female cohorts (Active impacts: The economic impacts of active recreation in Victoria, Sport & Recreation Victoria, 2018).



**Figure 1: Physical activity spectrum**

Source: Adapted from Physical Activity Spectrum adapted from the Vichealth ‘Doing Sport Differently’ resource accessed via [www.vichealth.vic.gov.au/-/media/ResourceCentre](http://www.vichealth.vic.gov.au/-/media/ResourceCentre)

## Plan scope and focus

Yarra Ranges Council has a range of strategies and plans that aim to support social recreation from an infrastructure renewal perspective. Rather than replicate this, this plan aims to identify:

- Opportunities for the activation of existing assets;
- Design features that can be used in new asset design and retrofitted to existing assets to help make active recreation easy and enjoyable;
- Equity in providing opportunities for people to be active in Yarra Ranges.

While some additional assets have been recommended, a full audit and program for delivery of each recreational asset class has not been undertaken. Nor does this plan guide requirements for structured sport.

People who are currently 'less active' or 'inactive', but who would engage in active recreation if there were facilities and programs in place that catered to their preferences and abilities are a key focus of this Plan. 'Less active' adults are defined as those who don't meet Australian physical activity and sedentary behaviour guidelines, being 30 minutes of physical activity at least 5 days a week for adults (<https://www.vichealth.vic.gov.au/media-and-resources/publications/dsd-principles-research>). Less active people make up around 70% of the Victorian population. Being too busy with other things (such as work or parenting) and the impacts of age are two of the common factors found to contribute to inactivity ([https://www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Life-Stages/VH\\_Life-stages\\_Info-sheet.pdf](https://www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Life-Stages/VH_Life-stages_Info-sheet.pdf))

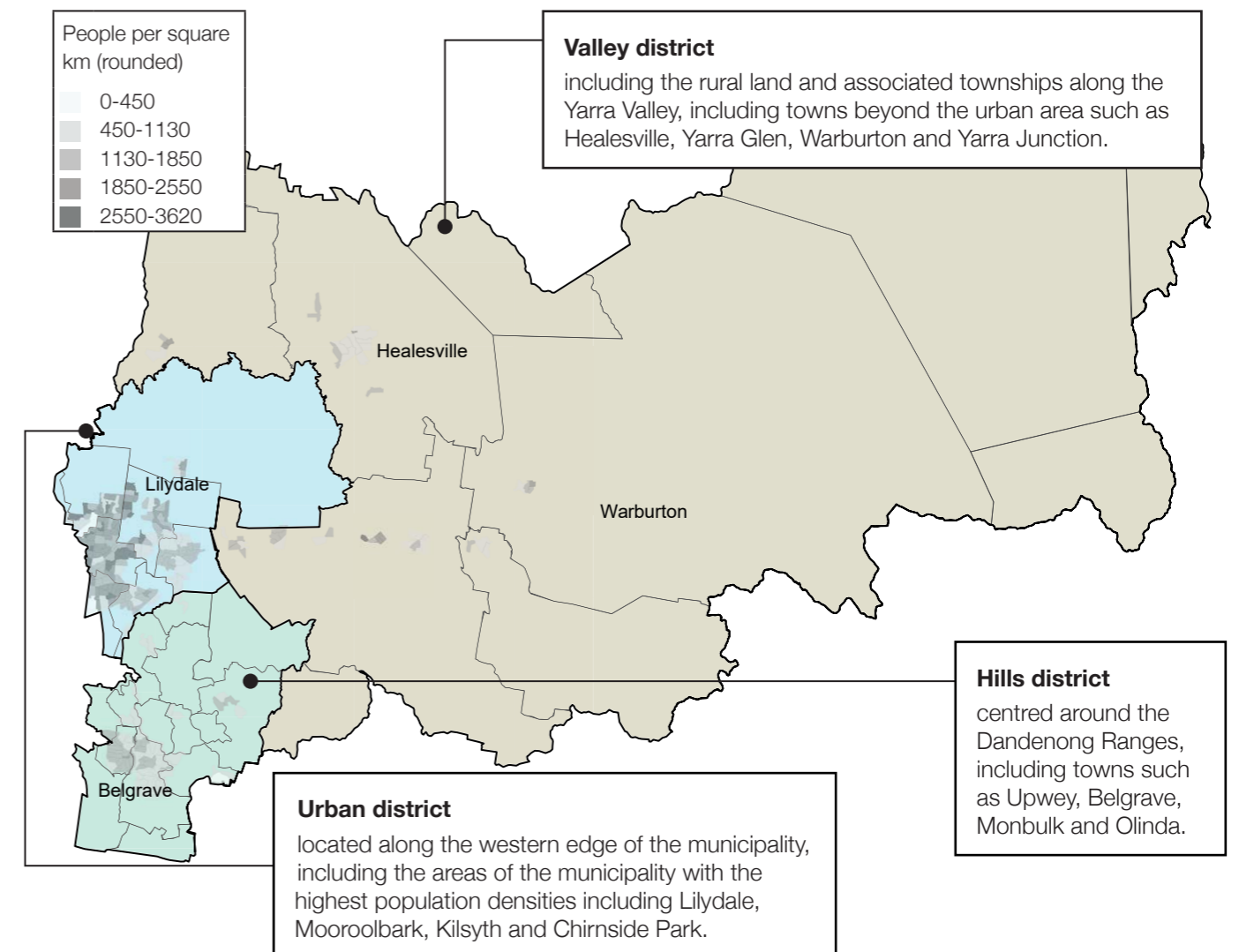
The Active Recreation Plan will guide Council's effort to encourage people to be healthy and active through the design of active recreation infrastructure and programs that remove barriers and respond to people's participation preferences over the next ten years.

## The study area

The Yarra Ranges Local Government Area covers an area of 2,477 square kilometres with an estimated 2021 population of 157,419 (growing an average of 1.4% per annum between 2016 and 2021). The populated parts of Yarra Ranges can be divided into three key districts for planning purposes, defined by their geographical locations and characteristics (as shown in figure 3).

One of the key characteristics of the study area is the very uneven population distribution (as can be seen in figure 4). There is a high concentration of people living in the urban western part of the municipality, and very low population densities for most of the eastern part (which is dominated by National Parks and State Forests). Over the next 10-20 years population growth will be focused in the Urban District, particularly Lilydale, Mooroolbark and Chirnside Park. This may have implications for infrastructure provision and also provide opportunities to focus on activation in more rural locations.

**Figure 4: Yarra Ranges districts and population density map**



## Existing active recreation opportunities

There are many and varied active recreation opportunities currently existing within Yarra Ranges that can be broadly grouped into the eight categories identified in the table below.

### Open space

#### Existing opportunity types:

- Recreation reserves (47)
- Parks, nature reserves, bushland, creeks (100+)

#### Examples:

- Birdsland Reserve, Belgrave South
- Don Road Sporting Complex, Healesville
- Halley Supple Reserve, Coldstream
- Pinks Reserve, Kilsyth
- Melba Park, Lilydale.



Existing Qty: 100+

### Play spaces

#### Examples:

- Belgrave Lake Park play space
- Castle Hill Reserve, Mooroolbark
- Lilydale Lake play space
- Olinda play space
- Yarra Glen Adventure Playground



Existing Qty: 117

### Exercise facilities

#### Existing opportunity types:

- Outdoor exercise equipment

#### Examples:

- Belgrave Lake, Belgrave
- Don Road Sporting Complex, Healesville
- Lilydale Lake, Lilydale



Existing Qty: 8

### Ball play facilities

#### Existing opportunity types:

- Basketball/netball courts/half courts

#### Examples:

- Gateway Reserve, Lilydale (outdoor halfcourt)
- Pinks Reserve, Kilsyth (outdoor halfcourt)
- Kimberley Reserve, Chirnside Park



Existing Qty: 27

### Aquatic facilities

#### Existing opportunity types:

- Swimming pools
- Splash parks

#### Examples:

- Belgrave pool
- Lilydale pool
- Lilydale Lake Splash Pad
- Seville water play park
- Warburton Water World (splash park)



Existing Qty: 11

### Dog off-lead facilities

**Note:** dog walking also occurs on trails (covered under 'Paths & Trails' above)

#### Examples:

- Don Road Recreation Reserve Healesville
- Summerhill Park Drive Reserve, Mooroolbark



Existing Qty: 24

### Wheeled play facilities

#### Existing opportunity types:

- Skate/scooter parks (8)
- BMX tracks/Pump tracks (5)

#### Examples:

- Lilydale Skate Park
- Mount Evelyn Pump Track
- Upwey Skate Park
- Yarra Glen Skate Park



Existing Qty: 13

### Paths & trails

#### Existing opportunity types:

- Footpaths
- Shared paths
- Trails

#### Examples:

- Urban footpaths
- Lilydale-Warburton Rail Trail
- Brushy Creek Trail
- Green Spine Shared Path, Chirnside Park



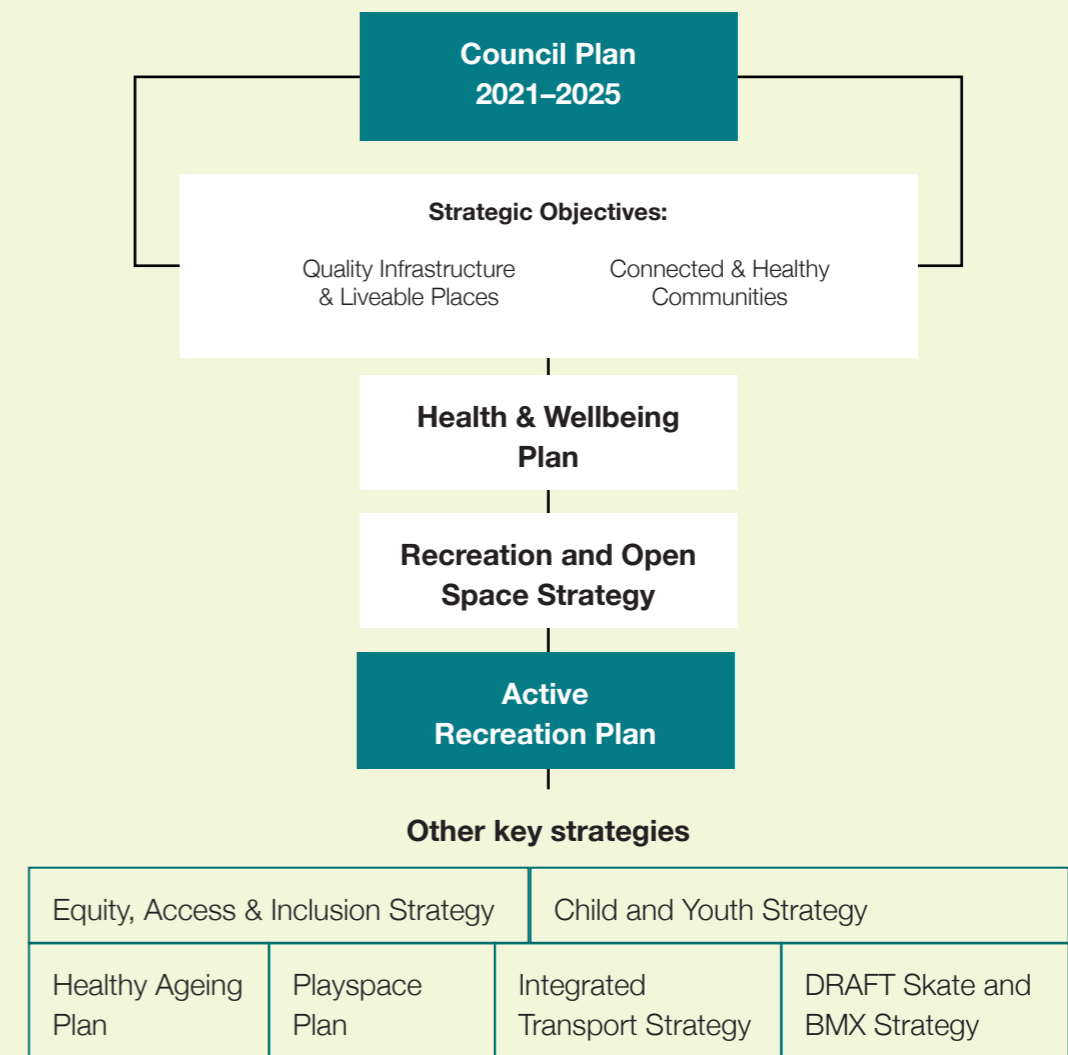
Existing Qty: 100+



## Strategic context

Council takes an integrated approach to planning and develops strategic documents that are intrinsically linked. Councils highest level plans such as the Council Plan and the Health and Wellbeing Plan are supported in their delivery by lower order plans developed by teams within Council.

Two of the five strategic objectives identified in the Yarra Ranges Council Plan 2021-25 are 'Connected and Healthy Communities' and 'Quality Infrastructure and Livable Places'. Councils Health and Wellbeing Plan 2021-2025 identifies increasing active living as a priority area to support our community. Council's Recreation and Open Space Strategy (ROSS) responds to these plans and provides a guiding policy and framework that helps create healthy and active environments for the community. The Active Recreation Plan is one of a suite of strategic documents that will assist Council in achieving the objectives of these plans.



**Figure 3: Strategic context summary diagram**

## How we engaged with the community

Council's previous consultation with the community has established trends in how people participate in active recreation and the barriers they face to being more active. When combined, this consultation provided community focus used for this plan.



Consults with relevant and varied Industry Leaders and Health Organisations (including DELWP and the DHHS), various advisory committees and close engagement with Council's elected representatives.



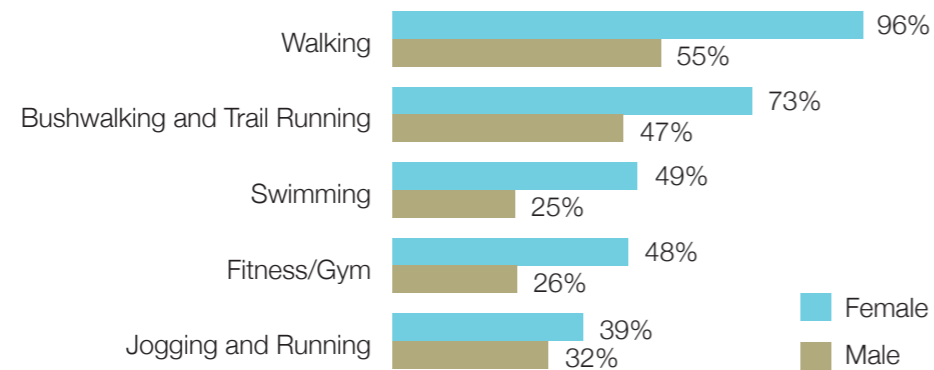
**2,436 Online Surveys;** 15 Listening Posts and 367 Intercept Surveys



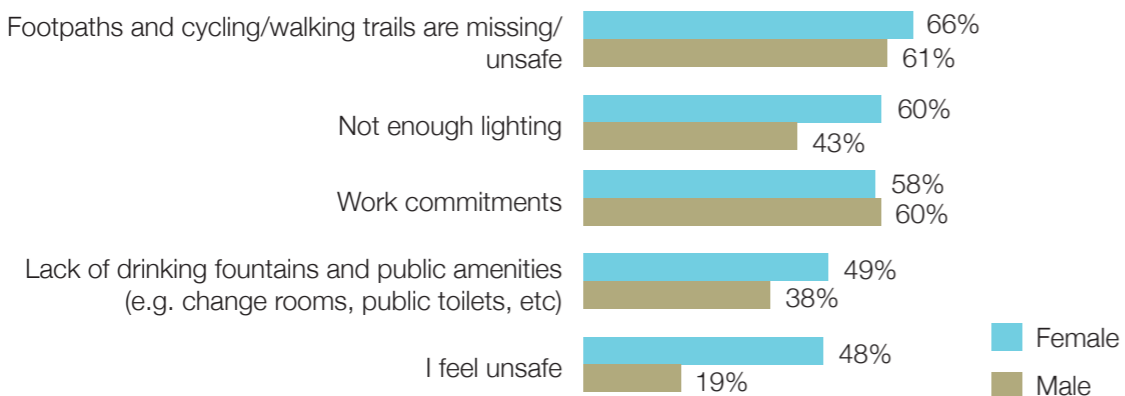
Engagement from Community Recreation and Sport providers (Belgravia Yarra Centre, Lilydale E-Jays Softball, sporting and recreation clubs, Tennis for Life, The Running Company, Paul Sadler Swimland, Lilydale Community Sailing Club).

## Key online survey findings

### Top 5 Sport/Recreation Participation Activities



### Top 5 Sport/Recreation Participation Barriers



## What we heard

In 2020, overall satisfaction with Council's parks and recreation trails was high with 98.3% of respondents being satisfied or very satisfied.

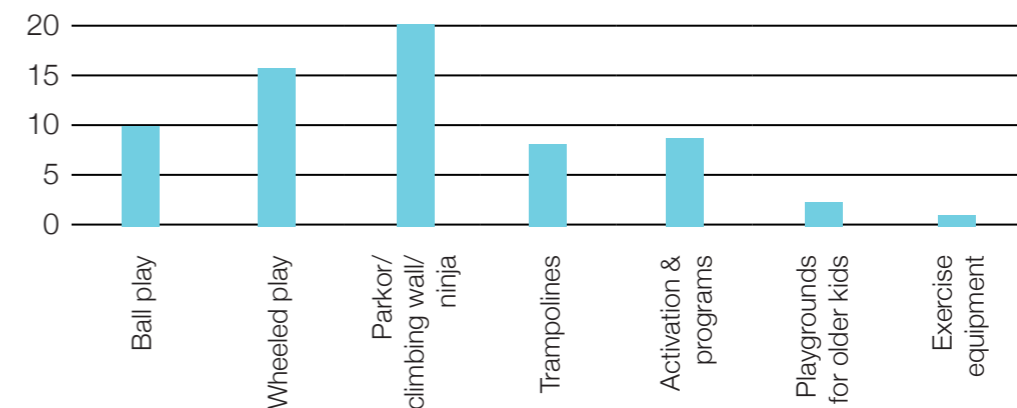
The most important amenity or service in green spaces was cleanliness, followed by security, shade, gardens/trees and toilets.

"We need to strip back the traditional thinking about profit versus non-profit activities and look at the overall community benefit the activity provides. We need to work with clubs and educate them about what they aren't doing that private providers are."

"If you activate places of cultural and environmental significance, you build a connection and pride, and instil a sense of conservation and protectionism in the next generation."

"The water playspace (in Seville) has been a huge success. The community are really proud of it"

In 2021, we checked in with 50 young people and their parents or guardians at skate clinics in YRC. They told us what they wanted to see in Yarra Ranges:



## Check in with community

Different people choose to participate in different active recreation activities based upon personal preferences. In the preparation of this Plan, a variety of groups and individuals were engaged (with an intentional focus upon those who may experience barriers to recreation participation). This included meetings with:

- Positive Aging Reference Group (PARG)
- Disability Advisory Committee (DAC)
- Yarra Ranges Council's Youth Ambassadors
- 50 participants of skate clinics (for 5-19 years olds, held in Lilydale, Healesville, Yarra Junction, Mount Evelyn, Monbulk and Upwey)
- And information gained from reviewing related engagement previously undertaken by Yarra Ranges Council for other purposes.

The following recreation preferences were identified;

People want **social** active recreation opportunities.

Key examples include:

- a strong interest in using events or programming to encourage the use of active recreation facilities (eg. running festivals or workshops).
- an interest in play spaces as places to hang-out for youth.
- older people saying that they feel safer and less vulnerable undertaking activities in groups.
- older people appreciating opportunities for active recreation spaces to be inter-generational (noting the need for safety to be considered).

People want a **diversity** of active recreation opportunities

Potential active recreation activities that have arisen as a part of engagement undertaken for this project that are not currently catered for within Yarra Ranges include the following (in alphabetical order):

- All-ages play spaces
- Beach volleyball
- Bocce/boules/petanque
- Disc golf
- Exercise equipment for seniors
- Parkour/'ninja' park
- Rock climbing/bouldering
- Roller skating

People want active recreation opportunities that provide **connections to nature**

The opportunities for connections to nature while undertaking active recreation came up in most of the engagement activities undertaken. Yarra Ranges is fortunate to have access to a range of natural landscapes that provide these kinds of opportunities.

It was also noted in the Positive Aging Reference Group that quieter spaces where people can connect with nature are also valuable within urban parks. These spaces are more easily accessed for people with limited mobility or transport options, and can also provide a respite from more boisterous park activities.

People want active recreation opportunities in locations that are **convenient** and **co-located** with compatible facilities

A number of examples of positive co-location of active recreation facilities arose during the engagement activities.

- Locations used for University of the Third Age (U3A) activities attract older people and might be a logical place to provide active recreation opportunities targeting this age cohort.

- It was also noted that having a wide variety of activities in one location provides an easy opportunity to try things that you may not otherwise do. ie. you might come to a park to do one thing, but end up trying a few other activities because they're there.

People want **safe** and **accessible** active recreation opportunities, designed to maximise their usability

Key examples include:

- Accessibility to people of all abilities. Accessibility was the major item discussed in the Disability Advisory Committee. While new facilities are generally designed with accessibility in mind, there may be a need to undertake works at older facilities to improve accessibility.
- People feeling safe when using facilities. This includes locating and designing facilities to have good levels of surveillance and the provision of lighting where appropriate.
- Intergenerational design focusing upon safety. While older people like to be around activity, there are also safety concerns regarding things like stray balls and scooters. Design can help to resolve these safety concerns.



## Active recreation variables

There are three key variables relating to active recreation. The type of activity being undertaken, the location/facilities where the activity occurs, and the people/participants.

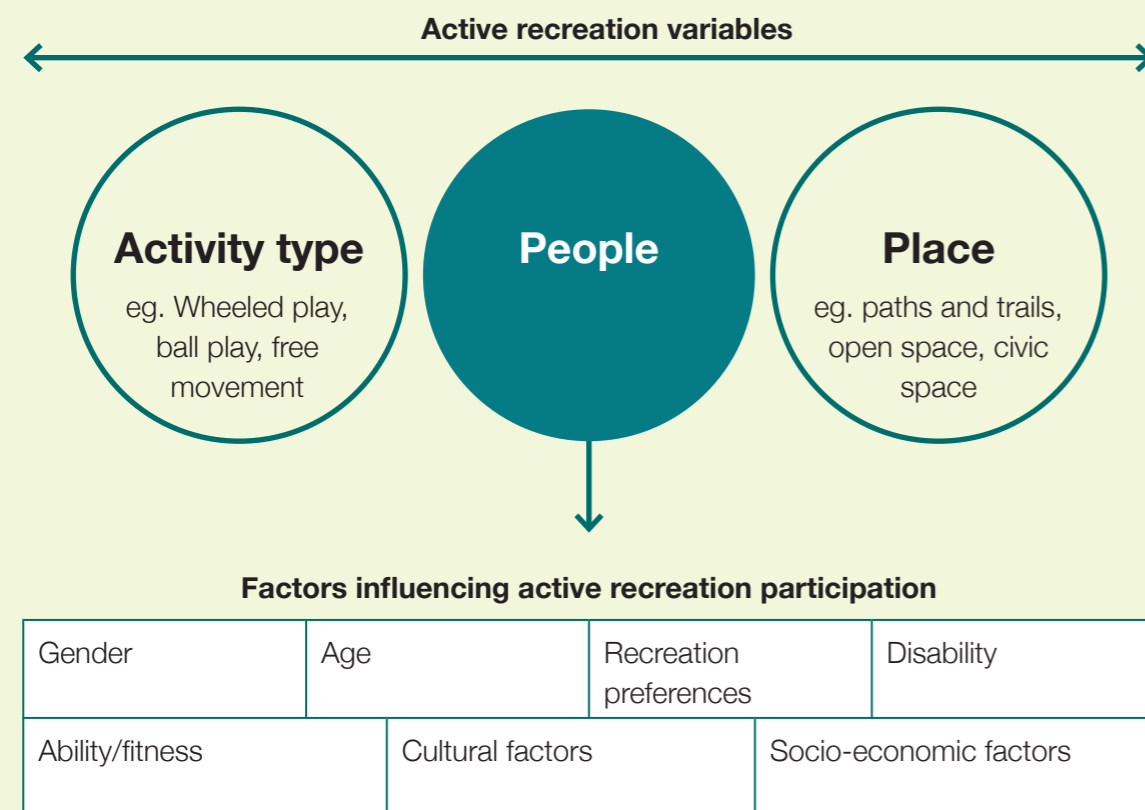
Yarra Ranges Council has a range of plans and strategies that deal with two of these key variables. There are high level municipality-wide strategies dealing with specific activity types (eg. play spaces) as well as more detailed strategies and plans dealing with specific locations (eg. reserve master plans).

This Plan approaches active recreation with a focus upon the third variable; people. The main goal of the Plan is to encourage people (including men, women, boys, girls, and gender diverse people) in Yarra Ranges to be more active, regardless of the activity type or location.

## Factors influencing active recreation participation

There are a range of factors that influence active recreation participation, including age, gender, ability, disability, cultural factors, socio-economic factors and personal preferences. While there is research and participation data relating to the impacts of age and gender, it is acknowledged that these interact with all of the other factors that shape people's identities and experiences. All of the factors noted above may play a role in the amount and type of recreation activities that people in the Yarra Ranges undertake.

Yarra Ranges has a commitment (clearly stated in the Council Plan 2021-25 and other strategic documents) to providing equitable access to opportunities and resources. This Plan addresses the factors noted above that influence active recreation participation with the goal that active recreation opportunities can be available, safe and enticing to all members of the community.



**Figure 2: Active recreation variables and factors influencing active recreation participation**

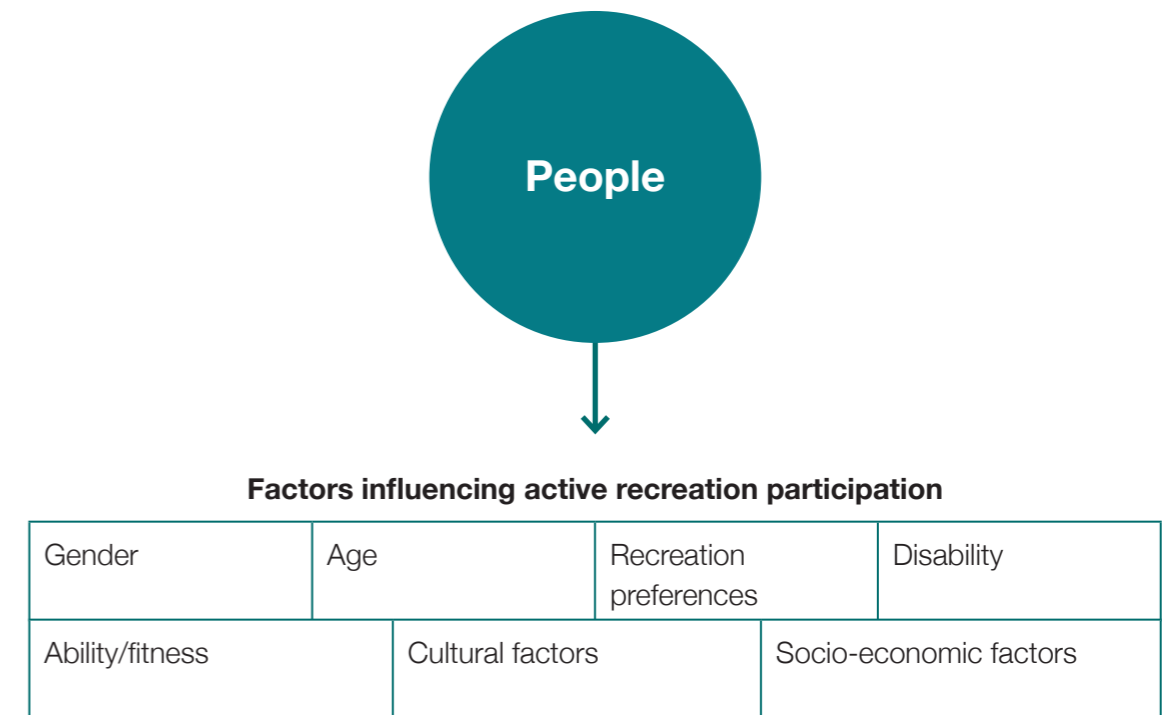




## The people

Seven key personal factors that influence people’s active recreation participation have been identified (refer to Figure 5). Each will be examined separately in this section.

**Figure 5: Personal factors influencing people’s active recreation participation**



## Age

Active recreation activities are strongly influenced by age. In some cases the influence is obvious (eg. play spaces). The following table identifies key active recreation opportunity types currently existing in Yarra Ranges, and identifies the predominant user age group/s (acknowledging that all of these facilities will be used by some people outside the identified age brackets).

| Existing active recreation opportunity types   | User age group |      |       |       |       |     |
|--|----------------|------|-------|-------|-------|-----|
|  | 0-8            | 8-14 | 12-24 | 25-50 | 50-70 | 70+ |
| <b>Open space</b><br>Parks and reserves cater well to most age groups, for activities including walking and informal sport (eg. kicking a ball).   | ●              | ●    | ●     | ●     | ●     | ●   |
| <b>Paths &amp; trails</b><br>Footpaths, shared paths and trails cater well to a wide range of users, including kids on scooters, long walks and rides, or a gentle walk around the block.                | ●              | ●    | ●     | ●     | ●     | ●   |
| <b>Play spaces</b><br>Specifically designed for younger age groups. Opportunity for play spaces to include elements or areas designed for more mature users.   | ●              | ●    |       |       |       |     |
| <b>Ball play facilities</b><br>Ball play, including facilities such as half-court basketball courts cater well for most age groups except the youngest and oldest categories.                            |                | ●    | ●     | ●     | ●     |     |
| <b>Dog off-lead facilities</b><br>Dog off-lead areas are targeted at adult dog owners.   |                |      | ●     | ●     | ●     | ●   |
| <b>Wheeled play facilities</b><br>Facilities such as skate ramps and pump tracks are largely targeted at children and young adults.  |                | ●    | ●     |       |       |     |
| <b>Aquatic facilities</b><br>Swimming pools are used by a very wide age range (including for exercise, socialising and rehabilitation), while splash parks and water play are targeted at younger users. | ●              | ●    | ●     | ●     | ●     | ●   |
| <b>Exercise facilities</b><br>Outdoor exercise facilities are targeted mostly at adult users. The use by older people depends upon the kinds of facilities provided.                                     |                |      | ●     | ●     | ●     | ●   |

## Implications

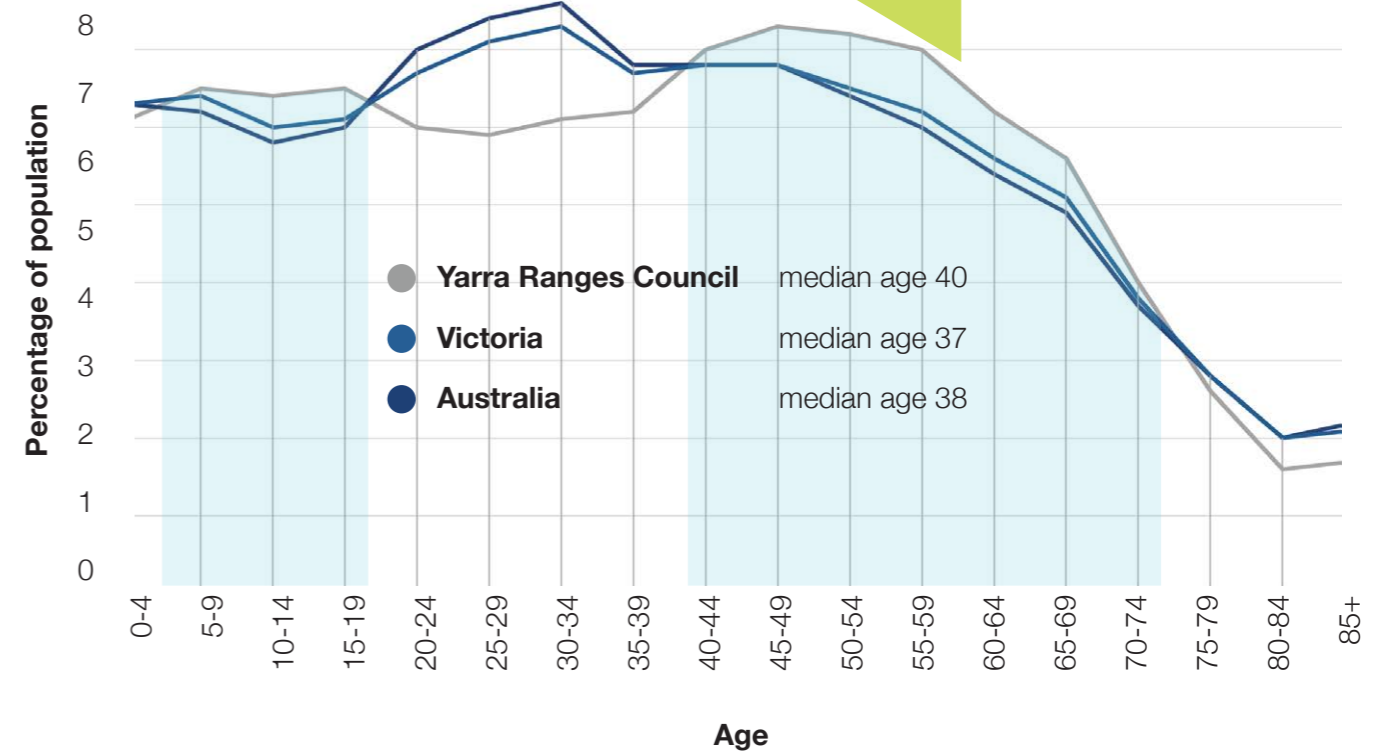
Open space, paths and trails provide active recreation opportunities for a broad range of age groups, and should continue to be a focus for Council.

Specialist active recreation facilities (such as play spaces, and facilities for ball play and wheeled play) are focused at a younger demographic. There is an opportunity to provide more specialist facilities targeted at other age groups, particularly those aged over 70. eg. outdoor exercise equipment designed with use by older people in mind.

Yarra Ranges has a higher-than-average number of residents in the 5 to 20 and 40 to 70 age groups. Population forecasts show a relatively stable population over the next decade (growth of approximately 1% per year, <https://forecast.id.com.au/yarra-ranges>). Facilities provided should therefore prioritise targeting these age groups over the life span of this Plan. Co-locating facilities that cater for different age-group preferences can facilitate intergenerational use and encourage people to participate in family/friends groups.

Yarra Ranges has comparatively high proportions of people in the 5-20 and 40-70 age categories.

**Figure 6: Population by age group**  
(Data source: Australian Bureau of Statistics)



## Gender

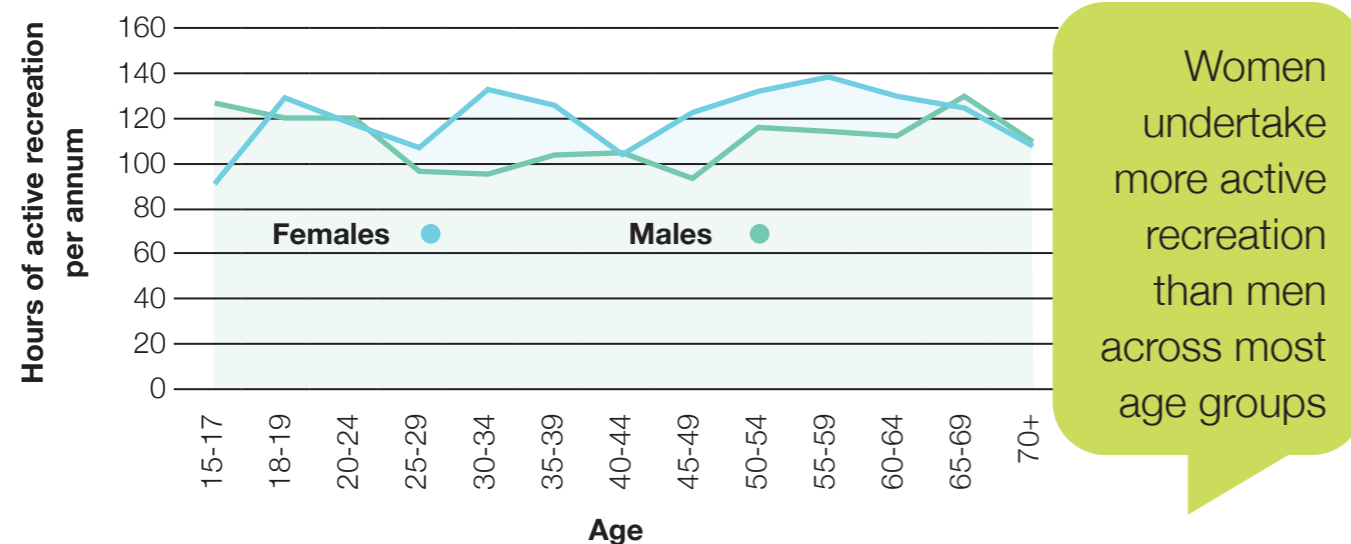
Traditionally, gender has been a strong determinant in the kinds of sporting and recreation activities that people have undertaken. Particularly in organised sports, there has been a focus upon gender equality and encouraging participation of women and girls. The kinds of active recreation people undertake is less obviously gendered than organised sports, but research shows that active recreation is a very important part of women's health and wellbeing. Women undertake more active recreation than men across most age groups and it forms a greater proportion of the total physical activity they undertake than other forms of exercise (refer to figures 7 & 8). Council can promote physical activity undertaken by women and girls by focusing and investing in active recreation alongside its investment in organised sport. A Gender Impact Assessment (GIA) has been undertaken as part of the development of this plan. Generally, the GIA found the recommendations within the plan are supportive of gender inclusivity. As a specific recommendation of the GIA, a gendered lens will be applied to all projects that are being undertaken as part of the plans implementation.

People mostly undertake active recreation in public spaces, often in areas without high levels of passive surveillance (eg. a walking path along a creek). A popular time to undertake active recreation is at the start or end of the day to fit in around other commitments. These are times that may involve low light and low levels of passive surveillance, which may result in people feeling unsafe. The design and maintenance of all active recreation facilities should have a strong focus upon the application of Crime Prevention Through Environmental Design (CPTED) principles (including passive surveillance). Examples of the kinds of design & maintenance items that should be considered to achieve better surveillance include consideration of sight lines when locating facilities, vegetation trimming to maintain sight lines, and the incorporation of lighting where appropriate.

**Figure 7: Victorian average active recreation hours per capita, by age and gender\***

(Data source: Active impacts: The economic impacts of active recreation in Victoria (Sport & Recreation Victoria, 2018)

\*No data currently available for gender diverse people.



Studies also show that teenage girls are not well served by most active recreation facilities (eg. [www.sport.nsw.gov.au/sites/default/files/2021-04/sprinter-women\\_and\\_girls\\_participation\\_review\\_final.pdf](http://www.sport.nsw.gov.au/sites/default/files/2021-04/sprinter-women_and_girls_participation_review_final.pdf)), and this was reflected in engagement undertaken for this Plan. To address this, consideration should be given to providing active recreation spaces that specifically target teenage girls. Examples include:

- intentionally incorporating social spaces into recreation infrastructure (eg. a cluster of seats at a basketball/netball half-court)
- providing opportunities within social/recreation spaces for performance
- making active recreation spaces inviting and welcoming,

Providing specific design elements that reflect known trends/preferences associated with women and girls provides a signal that they belong in the space.

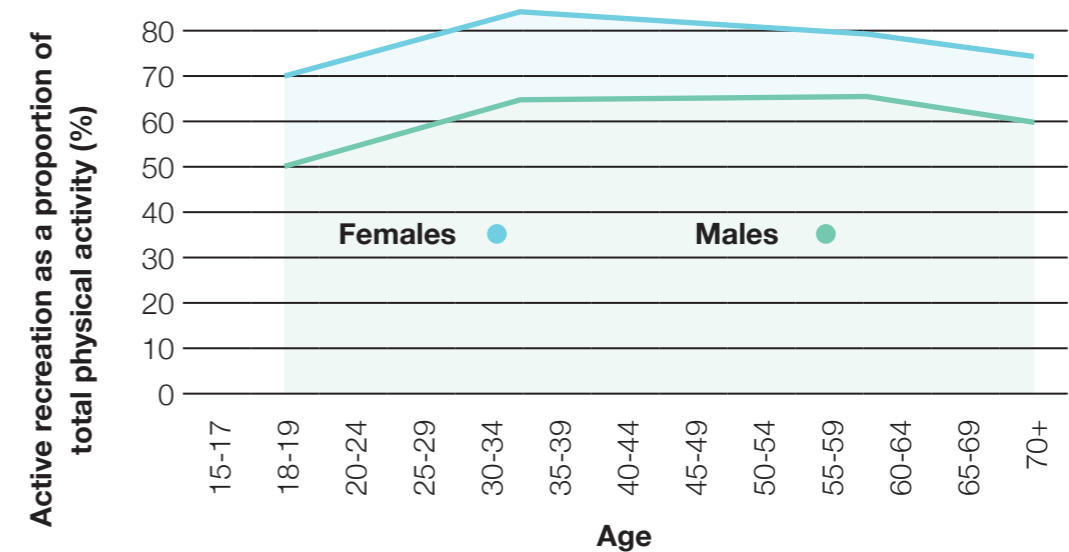
There is currently no accurate demographic data available within Australia regarding people who don't identify as either female or male. The range of different identities that fall within this category also makes projections regarding their active recreation participation or preferences difficult.

Research has shown that 'trans and gender-diverse young people have elevated rates of psychological distress, mental ill-health, and suicide risk when compared with their cis-gender counterparts' (<https://www.orygen.org.au/About/News-And-Events/2022/Mental-health-and-suicide-risk-in-trans-and-gender>). The known benefits to mental health provided by active recreation therefore have a particular potential benefit to this cohort. As for women and girls, physical safety when using active recreation facilities in public places is a key potential barrier.

**Figure 8: Active recreation as a proportion of total physical activity hours per capita, by age and gender\***

(Data source: Active impacts: The economic impacts of active recreation in Victoria (Sport & Recreation Victoria, 2018)

\*No data currently available for gender diverse people.





## Implications

Facilitating women and girls participation in recreation activities is a focus for Yarra Ranges Council. The data available shows that investing in active recreation is a good way to achieve these goals, due to existing high levels of use by women and girls. Active recreation facilities and programs within Yarra Ranges must be designed to encourage use by women and girls, and so that they feel that they belong in these spaces.

The design of all active recreation facilities should have a strong focus upon the application of Crime Prevention Through Environmental Design (CPTED) principles (including passive surveillance), to increase the sense of safety for all users.

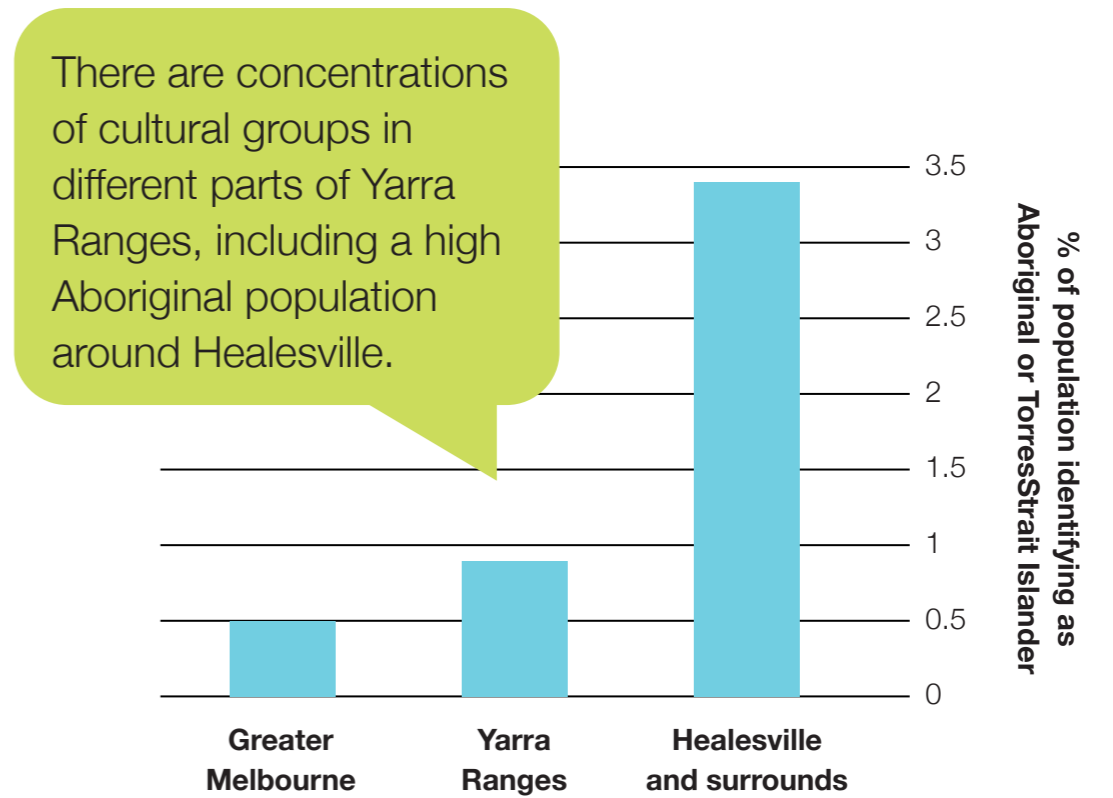
Spaces should be provided that specifically target the recreation preferences of teenage girls (including social and performative spaces), due to this cohort not being well served by most other active recreation facilities provided.

## Culture

People's cultural backgrounds has some impact upon the kinds of active recreation activities they choose to undertake. But a person's cultural background can also be a barrier to participation, particularly with regard to cultural safety (ie. people feeling threatened, uncomfortable or challenged due to aspects of their cultural identity, customs and beliefs). This can apply to people from a wide range of cultural backgrounds, including indigenous Australians.

People who identify as Aboriginal and/or Torres Strait Islander make up 0.9% of the overall population of Yarra Ranges, but there are areas including around Healesville where this percentage is as high as 3.4% (see figure 9).

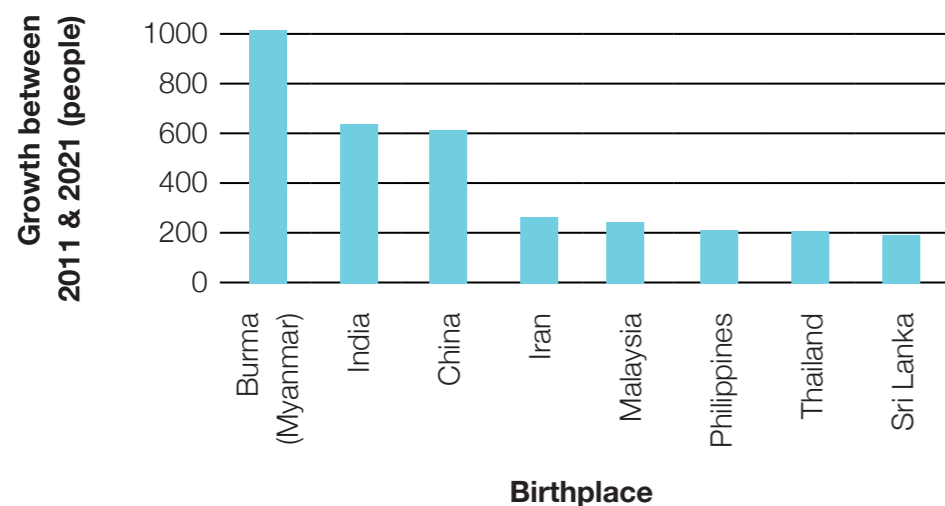
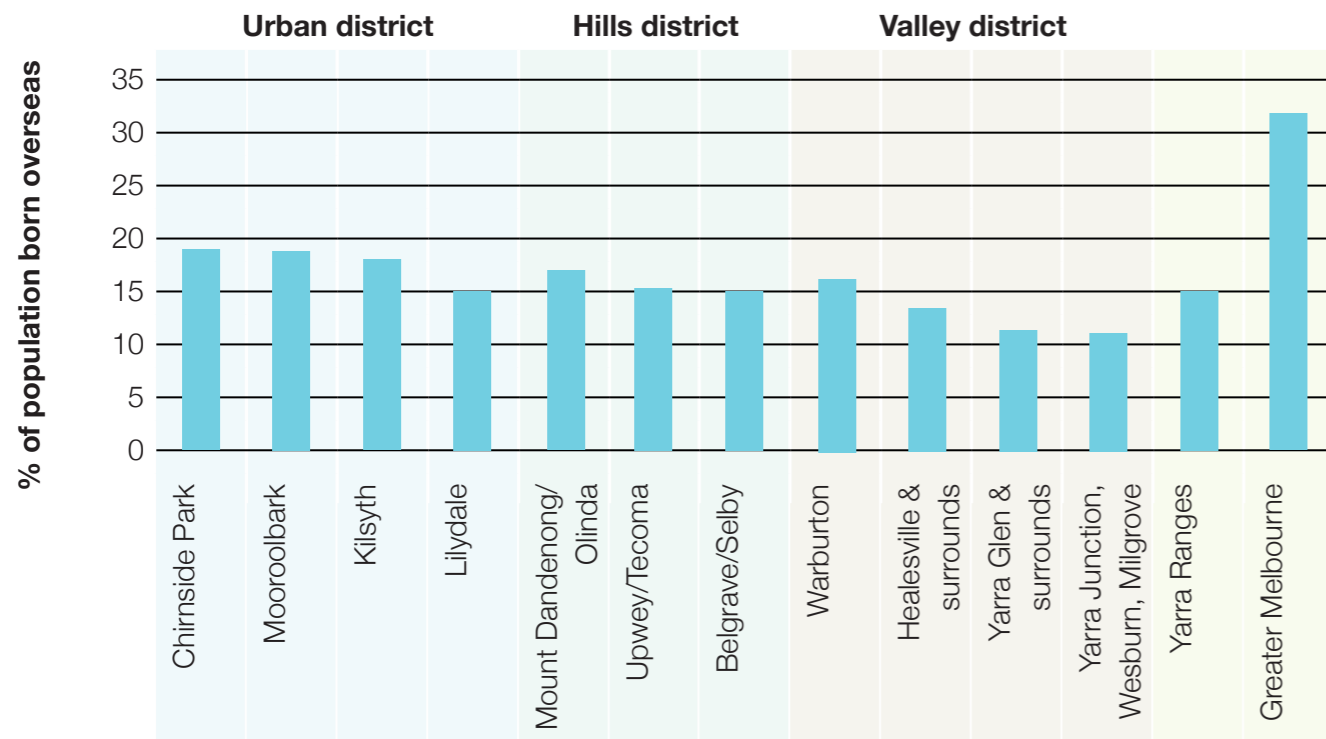
Overall, Yarra Ranges is less culturally diverse than the Victorian and Australian populations, as measured by the proportion of residents born overseas (refer to figure 10). For Yarra Ranges residents not born in Australia, most were born in English-language-speaking or European countries, including England (5.4%), New Zealand (1.2%), Netherlands (1.1%), Germany (0.7%) and Italy (0.6%). However there are also prominent and emerging cultural groups, the fastest-growing of these over the past decade being the Chin people from Burma/Myanmar (refer to figure 10a) known to be concentrated around Mooroolbark.



There are concentrations of cultural groups in different parts of Yarra Ranges, including a high Aboriginal population around Healesville.

**Figure 9: Proportion of population identifying as Aboriginal or Torres Strait Islander**

(Data source: Australian Bureau of Statistics)



Above: Figure 10

Left: Figure 10a

Yarra Ranges has relatively low levels of cultural diversity, but the diversity differs across the districts (with the Urban District having higher proportions of overseas-born residents than the Valley District).

## Implications

Cultural safety should be considered in the design of active recreation facilities especially given the relatively low levels of cultural diversity in Yarra Ranges.

Active recreation facility provision should seek to respond to cultural factors in areas of known cultural concentrations (eg. the Aboriginal and Torres Strait Islander population in Healesville and surrounds, and the Chin Burmese community around Mooroolbark).

Designing flexible spaces that can be used by anyone at any time for any purpose supports different activities that may be preferred by different cultural groups.

## Implications

Barriers to use associated with cost should be considered in the provision of active recreation opportunities, particularly in areas of known disadvantage.

The eastern parts of Yarra Ranges should be a focus for increasing the provision of low cost and free active recreation opportunities.

## Disadvantage

Socio-economic disadvantage is linked to poor health outcomes. There are things that prevent people experiencing disadvantage from undertaking active recreation that can contribute to poor health, including:

- costs associated with accessing active recreation activities. This includes things as simple as appropriate footwear and clothing, as well as specialist equipment, entry/service fees, and transport costs.
- less access to information, resources and messaging that encourages physical activity
- a lack of convenient access to active recreation opportunities. The Australian Bureau of Statistics gathers data relating to relative socio-economic conditions, and in Yarra Ranges the areas of highest disadvantage are located away from major population centres where facilities, services and programs are more prevalent.

Both the provision of assets and programs can impact participation in active recreation. For the purposes of active recreation assets and program provision, areas of recognised social disadvantage should be seen as priority communities to assist in addressing the issues noted above.

**Figure 10: Proportion of population born overseas**

(Data source: Australian Bureau of Statistics)

**Figure 10a: Fastest-growing ethnic groups (measured by growth between 2011 & 2021 of numbers of people born outside Australia by birthplace)**

(Data source: Australian Bureau of Statistics)

## Disability

Disability influences the way people participate in active recreation in many different ways. Some examples include:

- Mobility-related access issues, including people in wheelchairs.
- Psychological or mental barrier for people experiencing mental health conditions.
- Access and communication issues associated with hearing and vision impairment.
- Access and logistical barriers for unpaid carers of people with disabilities,

Disability impacts a significant percentage of the population. The Australian Bureau of Statistics Disability, Aging & Carers, Australia 2018 report found that 17.7% of the Australian population (and 17.0% of the Victorian population) reported having a disability (with disability defined as 'any limitation, restriction or impairment which restricts everyday activities and has lasted, or is likely to last, for at least six months'). 5.7% of Australians reported having either a profound or severe disability, requiring assistance or having difficulty with core day to day tasks. It also found that the prevalence of disability increases with age - almost half (49.6%) of people aged over 65 years old experienced disability. 16% of people in Yarra Ranges reported having a disability which is comparable to the Victorian average.

Almost one-quarter (23.2%) of all people with a disability reported a mental or behavioural disorder as their main condition. Physical activity has been shown to benefit mental health.

**49.6%** of Australians over the age of 65 have a disability

**17.7%** of Australians have a disability

**1/3rd** (approx.) of those with a disability have a severe disability

People with a disability make up a significant part of the population of Yarra Ranges, especially in the older age groups. It is important that active recreation opportunities are provided that are accessible and attractive to them.

## Implications

- People with a disability make up more than 1 in 6 people within the community, and should be provided active recreation opportunities.
- Consideration needs to be given to active recreation opportunities for unpaid carers of people with disabilities. eg. opportunities for people of different abilities to undertake active recreation together.
- Active recreation opportunities provided should seek to reflect the diversity of abilities within the community.





## Active recreation framework

Based upon the outcomes of the research and engagement undertaken, the following vision and principles have been developed.

Target:  
We're aiming to **increase Physical Activity by 15% over ten years**

### Vision

Yarra Ranges is a place where everyone has the opportunity to participate in a diverse range of active recreation facilities programs and events that contribute to a healthy life.

### Key principles



#### Access

Active recreation opportunities that encourage participation and have a positive influence on physical health are provided in accessible and convenient places for residents within Yarra Ranges.



#### Diversity

A diversity of active recreation opportunities are provided reflecting the diversity of our community and places across the municipality, the diversity of needs and preferences of the community, and different financial capacities.



#### Activation

Programming and events are delivered through internal and external partnerships to optimise utilisation of recreational assets, maximise health and wellbeing outcomes for the community, and contribute to sustainable tourism and economic prosperity across the municipality.



#### Inclusion

Facilities are designed with inclusion, accessibility, and safety of all people in mind, enabling individuals to make choices based on their needs and interests. There is a particular focus on women and girls, gender diverse people, disability, and Indigenous ways of knowing, being and doing.



#### Social Connection

Where possible, active recreation facilities are provided in proximity to other compatible uses where they facilitate social interaction and encourage intergenerational use of reserves and spaces.





Photo: Kylie Gromadovski

## Action Areas

There are four action areas that will help us increase the number of people meeting their physical activity guidelines in Yarra Ranges. These are:

### Action Area 1: Improving safety and accessibility

providing active recreation infrastructure and programs that are appealing and accessible to all community members, where participation is encouraged and people feel safe.

### Action Area 2: Activating existing facilities

identifying ways to increase the use of existing active recreation facilities (through partnerships with other agencies and community groups, events, programming and promotion).

### Action Area 3: Increasing existing facility provision

relating to active recreation opportunities that currently exist within Yarra Ranges but are few in number, and where providing additional facilities, where gaps in provision have been identified, would increase the opportunity for participation.

### Action Area 4: New facility provision

identifying new active recreation opportunities that do not currently exist within Yarra Ranges.

## Action Area 1: Improving safety and accessibility

There are a number of key design considerations that should be taken into account for all active recreation facilities to maximise their use by the community. Wherever possible, a diversity of recreation opportunities should be provided in one location. In addition we should;



### Design Considerations

Maximise passive surveillance of active recreation facilities from passers-by and surrounding roads and buildings. Avoid elements that block view lines or create hiding places.



Consider lighting active recreation facilities active recreation facilities likely to be used outside daylight hours (eg. walking circuits).



Make facilities accessible. This includes careful consideration of ground surfacing. Loose surfaces (eg. mulch surfaces under play or exercise equipment) can make facilities difficult to access for people with mobility issues.



### Design Considerations

Provide carefully considered signs and other information to notify people of active recreation opportunities, without creating unnecessary visual clutter.



Create social opportunities at active recreation facilities by providing seating. Consider seating types that are suitable for groups (rather than standard park benches) especially for youth-focused spaces.



Provide shade and shelter from the wind.










## Action Area 2: Activating existing facilities

Existing active recreation facilities have the capacity to encourage more participation by connecting our communities to information, programs, events and opportunities to be active. A range of options have been identified and assessed in the table below to help activate our spaces.



| Activation type                               | Options   | Opportunities   | Considerations  | Priority   |
|---|---|---|---|--|
| <b>Facility awareness (promotion/media)</b>   | Promotion of existing facilities, programs or events (eg. via print & social media) to ensure people know what opportunities exist.   | <ul style="list-style-type: none"> <li>Existing processes in place (eg. Council has a communications team).</li> </ul>  | <ul style="list-style-type: none"> <li>Difficulty for Council communications to effectively target the least active people.</li> </ul>  | <ul style="list-style-type: none"> <li>High priority (relatively low cost, low-moderate impact)</li> </ul> |
|   | Introduce a 'find active recreation opportunities near me' function on the Yarra Ranges Council web site.   | <ul style="list-style-type: none"> <li>A useful asset, particularly for new residents.</li> </ul>   | <ul style="list-style-type: none"> <li>Need for ongoing resourcing to ensure it is kept up to date.</li> <li>Has the potential to highlight a lack of quantity or variety of infrastructure in some areas.</li> </ul> | <ul style="list-style-type: none"> <li>Medium priority (moderate cost, low-moderate impact)</li> </ul>     |
| <b>Facility awareness (signs)</b>             | On-site signs highlighting active recreation opportunities (including a range of opportunities that may not be obvious). Potentially including 'QR codes' linking to further information. | Has the potential to encourage people to engage in a wider variety of activities and supports less active people to participate confidently.  | <ul style="list-style-type: none"> <li>On-site signs will primarily target those who are already active.</li> <li>Risks associated with signs, including vandalism and visual cluttering open spaces.</li> </ul>      | <ul style="list-style-type: none"> <li>Medium priority (moderate cost, low-moderate impact)</li> </ul>     |
| <b>Events and activities (site based)</b>     | Partner with agencies and community groups to run events that encourages active recreation at a particular site or facility. eg. learn to skate clinic at a skate park.                   | <ul style="list-style-type: none"> <li>Introduces people to new activities.</li> <li>Provides a social aspect.</li> <li>Opportunity to partner with others (eg. health promotion &amp; youth teams within Council)</li> </ul> | <ul style="list-style-type: none"> <li>Event organisation can be resource-intensive.</li> </ul>   | <ul style="list-style-type: none"> <li>High priority (moderate cost, moderate-high impact)</li> </ul>      |
| <b>Events and activities (activity based)</b> | Partner with agencies and community groups to run events that encourages active recreation that is based around an activity, rather than a specific site. eg. 'Ride to Work Day'          | <ul style="list-style-type: none"> <li>Introduces people to new activities.</li> <li>Opportunity to partner with others (eg. health promotion &amp; youth teams within Council,</li> <li>and service providers)</li> </ul>    | <ul style="list-style-type: none"> <li>Event organisation can be resource-intensive</li> </ul>  | <ul style="list-style-type: none"> <li>High priority (moderate cost, moderate-high impact)</li> </ul>      |

| Activation type                                    | Options   | Opportunities  | Considerations  | Priority   |
|--|---|--|---|--|
| <b>Events &amp; activities (digital)</b>           | Geocaching, digital puzzle trails, and augmented reality games (such as Pokemon Go) provide opportunities for the active use of public spaces. These activities can appeal to people who may not be attracted to sport-based activity types.              | <ul style="list-style-type: none"> <li>These activities can appeal to people who may not be attracted to sport-based activity types.</li> </ul>                          | <ul style="list-style-type: none"> <li>Event organisation can be resource-intensive</li> </ul>  |  Medium priority (low-moderate cost, low-moderate impact) |
| <b>Partnering with existing clubs/groups</b>       | Partnering with existing clubs/groups that assist and encourage people to participate in non-sport active recreation. eg. social walking groups. (Note that organised sport activities fall outside the definition of active recreation).                 | <ul style="list-style-type: none"> <li>Support/encouragement of activity, with relatively low inputs from Council.</li> </ul>  | <ul style="list-style-type: none"> <li>Relatively few suitable clubs/organisations exist</li> </ul>   |  High priority (low cost, moderate impact)                |
| <b>Establishing new clubs/groups</b>               | Establishing support networks that assist and encourage people to participate in non-sport active recreation. eg. social walking groups.  | <ul style="list-style-type: none"> <li>Support/encouragement of activity.</li> <li>Provides a social aspect.</li> </ul>  | <ul style="list-style-type: none"> <li>Establishing groups is resource-intensive.</li> <li>Likely need for ongoing involvement &amp; support</li> </ul>   |  Low priority (moderate cost, moderate impact)            |
| <b>Equipment provision</b>                         | Making equipment available that facilitates active recreation. eg. Having table tennis paddles and balls available for loan from a business located near an outdoor table.  | <ul style="list-style-type: none"> <li>Encourages the use of facilities.</li> </ul>  | <ul style="list-style-type: none"> <li>Ongoing Council management, repair &amp; replacement required.</li> </ul>  |  Medium priority (moderate cost, moderate impact)       |
| <b>Incentives</b>                                  | Providing a reward for undertaking an activity. eg. a free coffee at a park for people who arrive via active transport collecting stamps in an 'activity passport'  | <ul style="list-style-type: none"> <li>Creates a motivation, and has the potential to be very targeted based upon the incentive offered.</li> </ul>                      | <ul style="list-style-type: none"> <li>Cost (dependent upon the type of incentive offered)</li> </ul>   |  Low priority (moderate cost, moderate impact)          |
| <b>Facility improvement (accessibility/safety)</b> | Changes to a facility to make it more attractive to certain user groups, particularly related to accessibility and safety.<br><br>(Significant functional additions to a facility are dealt with under the increasing/new facility provision categories). | <ul style="list-style-type: none"> <li>A reduction in barriers to facility use.</li> </ul>   | <ul style="list-style-type: none"> <li>Many barriers to use will not be easily resolved (eg. poor siting)</li> <li>Changes need to be considered against the cost of facility replacement.</li> </ul> |  High priority (moderate cost, high impact)             |
| <b>Facility improvement (social)</b>               | Interventions to improve the social opportunities of a facility (eg. seating edges at a basketball half court).   | <ul style="list-style-type: none"> <li>Encouraging a broader group of users (particularly teenage girls who highly value social aspects of active recreation)</li> </ul> | <ul style="list-style-type: none"> <li>Changes need to be considered against the cost of facility replacement.</li> </ul>   |  High priority (moderate cost, high impact)             |

## Action Area 3: Increasing existing facility provision

One way to provide more active recreation opportunities is to provide more of those opportunities that already exist. Generally, the provision of active recreation facilities is adequate for the density of population within Yarra Ranges however the large geographical area presents long travel distances to some assets. Therefore finding gaps in existing provision rather than expanding existing facilities is likely to be the best approach in most cases, with the exception of the Urban area where population is expected to significantly increase. The approaches to each of the existing facility types identified earlier are explored below. Where there has been found to be gaps in provision, additional assets have been factored into the implementation plan.



The provision of these facilities is guided by other plans and strategies including the Recreation and Open Space Strategy, Playspace Plan, Aquatics Strategy and Paths and Trails Plan.

### Ball play facilities

#### Opportunities for increasing provision:

There is an opportunity for more quantity and variety of ball play facilities. These opportunities are explored over the following pages.



**Existing Qty: 20-40**

### Wheeled play facilities

#### Opportunities for increasing provision:

Yarra Ranges has an existing draft strategy relating to skate and BMX facility provision. Opportunity for strategy review and asset renewal.



**Existing Qty: 10-20**

### Paths & trails

#### Opportunities for increasing provision:

Opportunity to improve the extent, connectivity, quality and safety of the shared path and trail network. New footpaths should be developed as a part of new residential subdivision.



**Existing Qty: 100+**

### Aquatic facilities

#### Opportunities for increasing provision:

Yarra Ranges has a separate strategy relating to aquatic facility provision.



**Existing Qty: 1-10**

### Dog off-lead facilities

#### Opportunities for increasing provision:

There is an opportunity for more quantity and variety of dog off-lead facilities. It is recommended that these opportunities are addressed as a part of a separate strategy.



**Existing Qty: 20-40**

### Exercise facilities

#### Opportunities for increasing provision:

There is an opportunity for more variety of outdoor exercise facilities. These opportunities are explored over the following pages.



**Existing Qty: 1-10**

### Open space

#### Opportunities for increasing provision:

New open space can be developed for new communities as a part of new residential subdivision. For established areas the focus instead should be upon improving the quality of the spaces.



**Existing Qty: 100+**

### Play spaces

#### Opportunities for increasing provision:

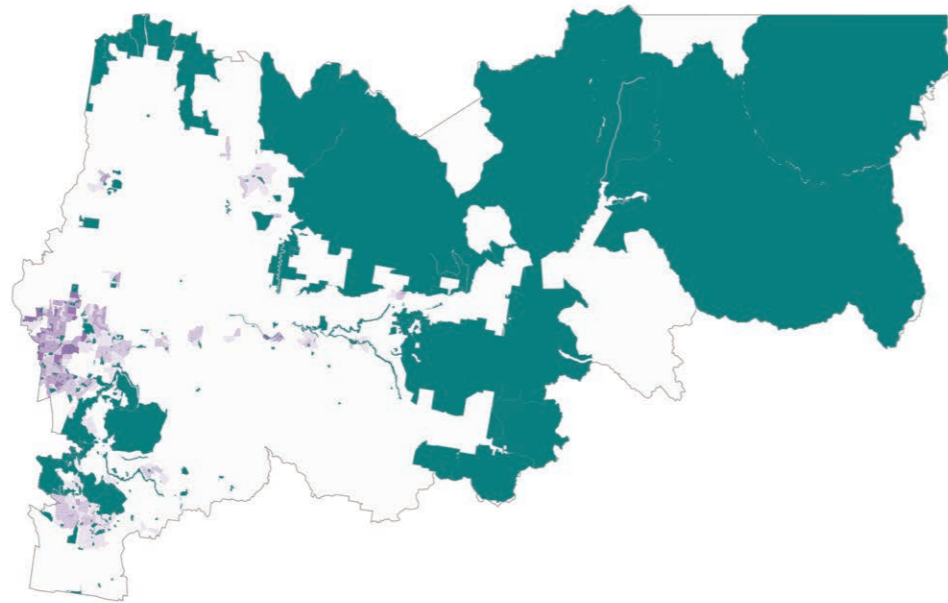
Play space development and renewal guided by the play space plan. Additional considerations may include elements or areas within play spaces that can be used by more mature community members.



**Existing Qty: 100+**

**Existing facility locations**  
**Open space**

The open space mapped here includes spaces designated for recreation purposes as well nature reserves. Yarra Ranges is fortunate to have very large areas of natural open space (particularly in the Hills and Valley districts) as well as spaces for recreation around key population centres.



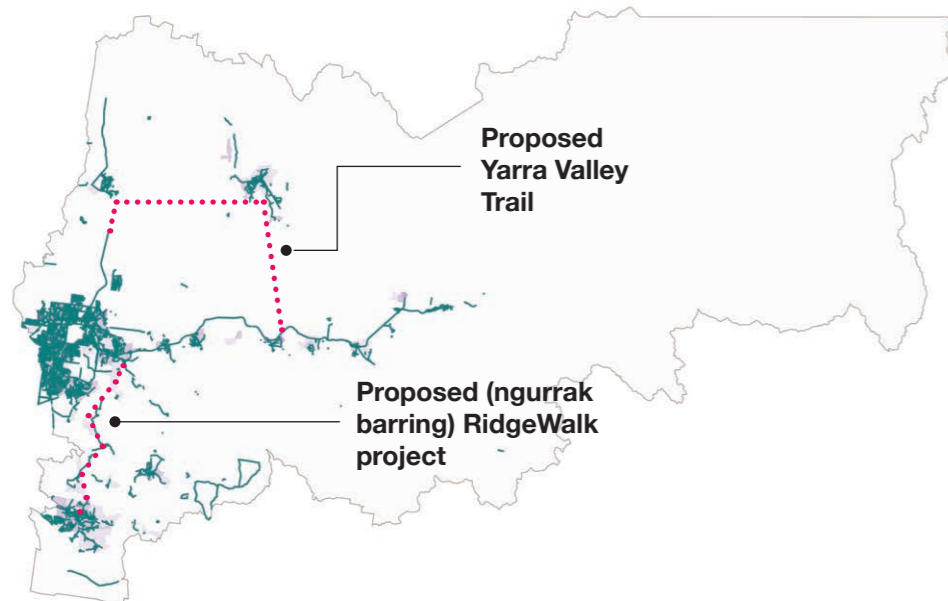
A more detailed analysis of the provision of open space will be undertaken as part of the ROSS.



Photo: Kylie Gromadovski

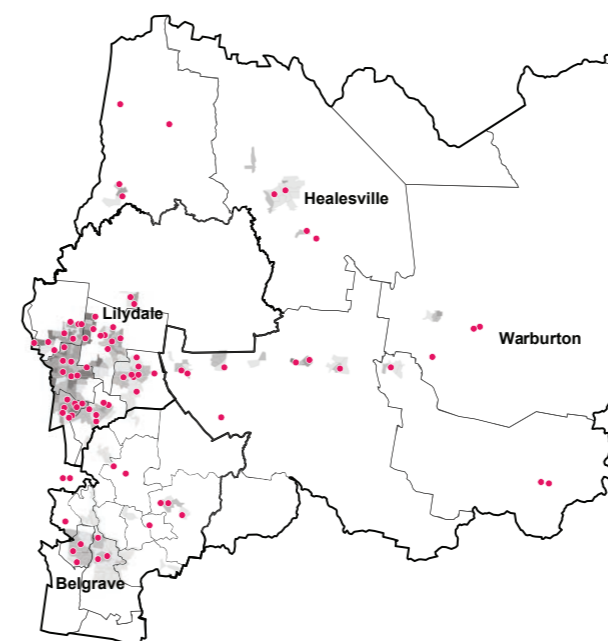
**Existing facility locations**  
**Routes (walking/cycling)**

The routes mapped here include trails, shared paths and footpaths. Yarra Ranges is in the process of further developing links between population centres and districts, including projects such as the Yarra Valley Trail and Ridgewalk. More detailed information regarding priority trails and walking routes will be provided in the paths and trails plan.



**Existing facility locations**  
**Play spaces**

The mapping of existing play spaces within Yarra Ranges shows a good correlation between population centres and play space provision. These facilities are covered by a separate plan. There are opportunities to consider designing areas within these spaces for different age cohorts and including elements that facilitate use by older members of the community. The provision, location and renewal program is identified within the Playspace Plan.

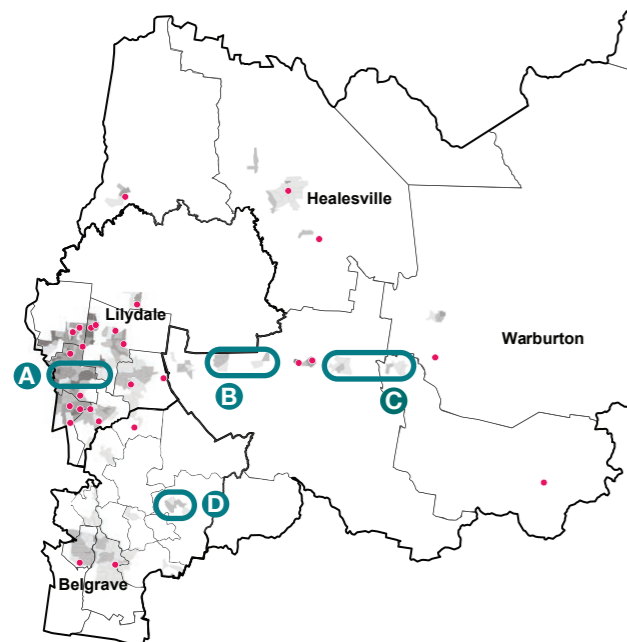


## Existing facility locations Ball play facilities

The ball play facilities existing in Yarra Ranges providing active recreation opportunities currently primarily comprise basketball courts and half-courts. While designed for basketball usage, these facilities often also cater for other ball play, including netball (where netball rings are provided), and a wide variety of other ball play that requires hard paved surfaces. There is the potential to encourage these alternative uses by including additional line marking (eg. for four-square or 'pickleball', a form of paddle tennis). Beach volleyball is an example of a ball sport that doesn't require hard surfacing that should also be considered.

Key opportunities/considerations regarding the provision of outdoor ball play facilities include:

- These facilities are most-used by older children and young adults. Therefore, consideration should be given to locating them near places where these age groups congregate (such as education facilities).
- There are standard sizes for basketball hoops and ground line marking, and the surface needs to be flat. This impacts upon suitable locations for these facilities to be installed.
- Balls being bounced on hard pavement can be quite noisy, so care needs to be taken when locating these facilities in residential or noise-sensitive areas.



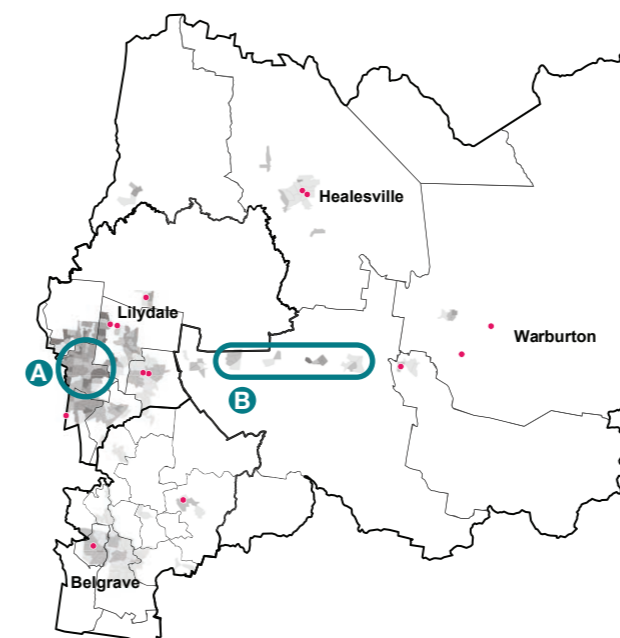
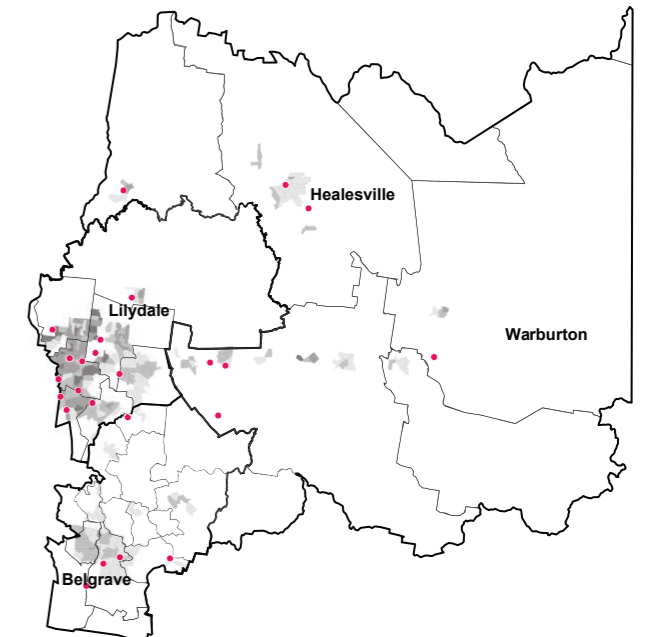
Key gaps:

| Code | Area                               | District |
|------|------------------------------------|----------|
| A    | Mooroolbark                        | Urban    |
| B    | Wandin North/Seville               | Valley   |
| C    | Launching Place/<br>Yarra Junction | Valley   |
| D    | Monbulk                            | Hills    |

## Existing facility locations Dog off-lead facilities

The mapping of dog off-lead facilities shows a spread of facilities across the municipality, with a focus upon more urban areas where space for dog exercise is generally more needed. It is noted that dog walking and exercise also occurs at many other locations (including those covered under 'Paths & Trails').

Recommendations relating to the provision of dog off-lead facilities should be addressed by a separate plan.



## Existing facility locations Wheeled play

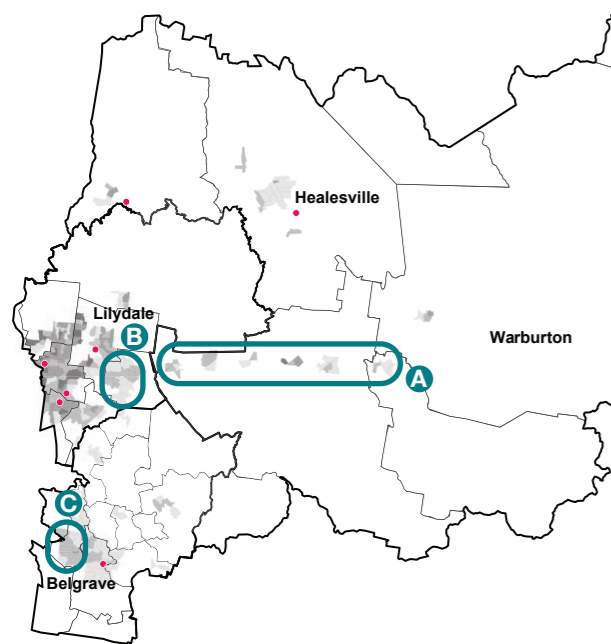
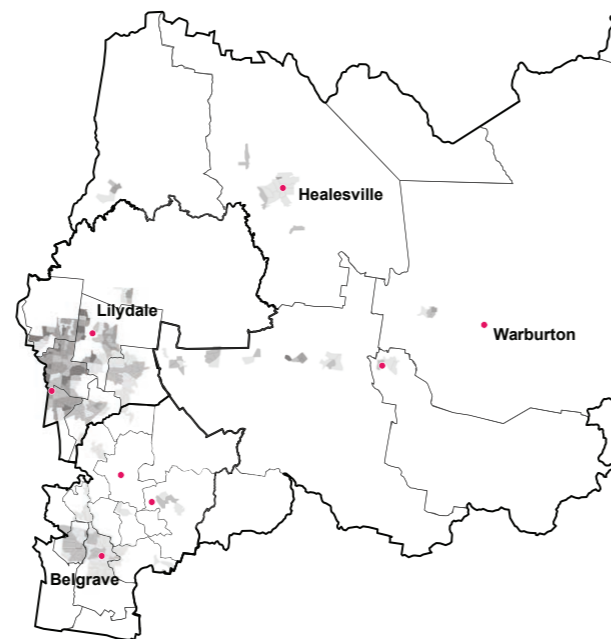
Wheeled play facilities mapped here include facilities designed for skating (eg. skate parks), scooters and bikes (eg. pump tracks). The mapping of these facilities shows a good spread throughout the populated parts of Yarra Ranges, with just a few gaps in provision identified. Many of the existing facilities are well used, indicating that more of these sorts of facilities could be required within Yarra Ranges. An action of this strategy will be to develop a skate and scooter park plan and a bike infrastructure plan.

Key gaps:

| Code | Area                     | District |
|------|--------------------------|----------|
| A    | Mooroolbark              | Urban    |
| B    | Warburton Highway (west) | Valley   |

## Existing facility locations Aquatic facilities

Aquatic facilities mapped here include swimming pools and splash parks. The mapping of these facilities shows a good spread throughout the populated parts of Yarra Ranges. Swimming is an important recreational pursuit for the community within Yarra Ranges. The provision and mix of aquatic services provided in Yarra Ranges in the future will be guided by the Aquatics Strategy which is currently in development.



## Existing facility locations Exercise equipment

The mapping of outdoor exercise equipment shows that they are spread throughout the populated parts of Yarra Ranges, with a number of gaps as identified. The range of facility types available that fall under this category are covered on the following page.

Key gaps:

| Code | Area                    | District |
|------|-------------------------|----------|
| A    | Warburton Highway towns | Valley   |
| B    | Mount Evelyn            | Urban    |
| C    | Upwey                   | Hills    |

## Exercise facilities

There are a wide range of outdoor exercise equipment options available that can be broadly grouped according to the following categories:

- **Equipment complexity** - the simplest (and therefore usually the lowest cost and most robust) equipment has no moving parts, such as sit-up benches and chin-up bars. More complex equipment involves multiple moving parts and provide the range of exercise options that can be found in a commercial gym (including exercise bikes, and weight training machines for arms and legs).
- **Age focus** - In addition to exercise equipment focused upon fitness and strength, there are also a range of suppliers offering outdoor exercise equipment focused upon older adults (with a focus upon things like dexterity and balance rather than strength and aerobic fitness). Seniors exercise parks also have the benefit of creating meeting places for social interaction among seniors.



An example of simple equipment with few or no moving parts.



An example of more complex equipment replicating the range of exercise options that can be found in a commercial gym.



An example of seniors-specific exercise equipment, with a focus upon things like dexterity and balance rather than strength and aerobic fitness.

Key opportunities/considerations regarding the provision of outdoor exercise equipment include:

- Equipment installation is very scalable. Installations can be small and simple, or large and complex, to suit a variety of spaces and settings (including sites constrained by size or topography).
- Usage can be increased by locating them along paths or trails already used for walking or jogging.
- Exercise equipment for seniors can be located in areas known to be frequented by older residents (including senior citizens centres and University of the Third Age venues).
- The design of ground surfacing beneath equipment should consider accessibility impacts. Rubber surfacing will make equipment easier to access for people with mobility issues.



## Action Area 4: New provision

Providing new types of active recreation facilities, particularly those that are unique or interesting, creates variety and draws attention to the opportunities on offer. There are many potential active recreation opportunities that could be provided within Yarra Ranges. The following table identifies some key options, reflected in the implementation plan where appropriate.



| Facility category | Facility type   | Opportunities  | Considerations  | Priority   |
|-------------------|---|--|---|--|
| Ball play         | Outdoor table tennis  | <ul style="list-style-type: none"> <li>• Many examples of successful robust public installations.</li> <li>• Relatively low installation cost.</li> <li>• Potential for tables to be painted to assist in place-making.</li> </ul> | <ul style="list-style-type: none"> <li>• Need for users to bring their equipment.</li> </ul>  | <ul style="list-style-type: none"> <li>• Medium priority. Most suited to urban settings.</li> </ul>                                  |
|                   | Bocce/petanque  | <ul style="list-style-type: none"> <li>• Many examples of successful robust public installations.</li> <li>• Relatively low installation cost.</li> </ul>  | <ul style="list-style-type: none"> <li>• Need for users to bring their equipment.</li> </ul>  | <ul style="list-style-type: none"> <li>• Medium priority. Most suited to urban settings.</li> </ul>                                  |
|                   | Disc golf<br>(Disc golf is a golf-like game played using flying discs or 'frisbees'. Rather than holes, the discs are thrown into basket nets. Open spaces can be converted to accommodate the game with relatively few modifications). | <ul style="list-style-type: none"> <li>• Relatively low installation cost.</li> <li>• Council has received a submission requesting a facility, indicating some demand.</li> </ul>  | <ul style="list-style-type: none"> <li>• Need for users to bring their equipment.</li> <li>• Large space required, limiting available options.</li> </ul> | <ul style="list-style-type: none"> <li>• Medium priority. Suited to underutilised existing parkland.</li> </ul>                      |
|                   | Beach volleyball  | <ul style="list-style-type: none"> <li>• Relatively low installation cost.</li> </ul>  | <ul style="list-style-type: none"> <li>• Need for users to bring their equipment (ie. ball and net)</li> </ul>  | <ul style="list-style-type: none"> <li>• Medium priority. Suited to some existing locations (eg. Lillydale Lake 'beach').</li> </ul> |

**Facility example (above): 'Swing Time' (Boston, USA), Howeler & Yoon Architecture**  
(image [www.howeleryoon.com](http://www.howeleryoon.com))




| Facility category       | Facility type                            | Opportunities   | Considerations   | Priority  |
|-------------------------|--|---|--|---|
| Climbing/obstacles/play | Rock climbing/bouldering walls           | <ul style="list-style-type: none"> <li>Able to be installed in otherwise underutilised areas such as bridge abutments. eg. Hopkins Bridge Bouldering Wall, Footscray (City of Maribyrnong)</li> <li>Walls can also be installed as stand-alone elements, usually at a smaller scale.</li> </ul> | <ul style="list-style-type: none"> <li>These facilities require a level of fitness and expertise to use, and are therefore likely to be most used by people who already have high levels of activity.</li> </ul> | <ul style="list-style-type: none"> <li>Medium priority</li> </ul>   |
|                         | Obstacle courses (parkour/'ninja parks') | <ul style="list-style-type: none"> <li>Playground-like spaces that appeal to a wider audience.</li> </ul>   | <ul style="list-style-type: none"> <li>These facilities require a level of fitness and expertise to use, and are therefore likely to be most used by people who already have high levels of activity.</li> </ul> | <ul style="list-style-type: none"> <li>Medium priority. Consider addressing within play space development/upgrade program.</li> </ul> |
|                         | 'All-aged' play spaces                   | <ul style="list-style-type: none"> <li>Playgrounds that appeal to a wider audience. eg. 'Swing time' - temporary installation of illuminated hoop swings (Howeler &amp; Yoon Architecture), Boston, providing a social/performative and social-media friendly experience</li> </ul>             |  | <ul style="list-style-type: none"> <li>Medium priority. Consider addressing within play space development/upgrade program.</li> </ul> |












| Activation type  | Notes/examples   | Opportunities  | Considerations  | Priority  |
|--|--|--|---|---|
|  | Youth spaces (Outdoor spaces targeting youth that encourage outdoor activity and socialisation without sporting activities such as skating or basketball being the focus). | <ul style="list-style-type: none"> <li>A space dedicated to youth who can fall into the gap between facilities for children and adults. eg. Geelong Youth Activities Area - designed as a flexible, multi-purpose outdoor youth-focused area catering for events, markets, live music, art exhibitions, catwalk, dance, street theatre, interactive media, wireless internet and seating (as well as sport activities).</li> </ul> | High cost   | <ul style="list-style-type: none"> <li>High priority</li> </ul>                     |
| Water-based activities (excluding swimming pools/water play) | Water access (Jetties, ramps, etc to allow access to the water of human-powered water craft)   | <ul style="list-style-type: none"> <li>Opportunity to increase the opportunities for human-powered water craft in the municipality.</li> </ul>   | <ul style="list-style-type: none"> <li>These activities require specialised equipment (kayaks, canoes, etc) making it a niche user target group.</li> <li>Careful siting of facilities required to avoid environmental damage.</li> <li>Often the jurisdiction of multiple agencies.</li> </ul> | <ul style="list-style-type: none"> <li>Low priority. Resource intensive.</li> </ul> |

# Action, implementation & evaluation plan

## Action Area 1: Improving safety and accessibility




|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |











|          |   |        |
|----------|---|--------|
| Priority |  | High   |
|          |  | Medium |
|          |  | Low    |

| Recommendation  | Key principle   | Outcomes   | Measures of success  | Baseline Data  | Action/s   | Priority  |
|---|---|--|--|--|--|---|
| <p><b>1.1 CPTED:</b> The design of all active recreation facilities should have a strong focus upon the application of Crime Prevention Through Environmental Design principles.</p> <p>CPTED to be incorporated onto the design of all new active recreation facilities. Where possible, improvements are undertaken to existing active recreation facilities to improve safety.</p> |    | <p>Increase perception of safety for females and vulnerable groups using active recreation facilities.</p> <p>Increased use of active recreation facilities by females and vulnerable groups within the community.</p>           | <p>Increased percentage of females and vulnerable groups feeling safe when using the active recreation facility. As measured by engagement with DAG, YAG and community members asking about how interventions have impacted their sense of safety.</p> | Observation data at active recreation facilities     | Capture required baseline data for all site assessment sites   |    |
|   |   |  |  | Community engagement data on facility usage barriers | All new active recreation facilities designed in accordance with CPTED principles. Short term KPI (output)                   |   |
|   |   |  |  |  | CPTED site assessment of existing active recreation facilities undertaken  |  |
|   |   |  |  |  | 20 improvement projects undertaken as identified by site assessments. eg. lighting, improved surveillance sight-lines).      |  |
| <p><b>1.2 Universal access:</b> The design of all active recreation facilities should have a strong focus upon universal access.</p> <p>Accessibility is to be incorporated into the design of all new active recreation facilities.</p> <p>Where possible improvements to existing recreations facilities should be undertaken to improve accessibility</p>                          |  | <p>Improved accessibility of active recreation facilities.</p> <p>Increased use of active recreation facilities by groups who benefit most from accessibility (including people with mobility issues and people with prams).</p> | <p>Increased use of active recreation facilities by target groups as evidenced by increased bookings for groups catering to all abilities, mothers groups etc.</p>   | As above   | Capture required baseline data for all site assessment sites   |  |
|   |   |  |  |  | Universal design site assessments of existing recreation facilities undertaken and specific improvement projects identified. |  |
|   |   |  |  |  | All new active recreation facilities designed to achieve universal access to at least 1 component.                           |  |
|   |   |  |  |  | Site assessment of existing active recreation facilities to identify barriers to accessibility                               |  |
|   |   |  |  |  | 20 improvement projects to be undertaken over the life of the plan.  |  |






# Action Area 1: Improving safety and accessibility




|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |







|          |  |
|----------|--|
| Priority |  High   |
|          |  Medium |
|          |  Low    |

| Recommendation  | Key principle   | Outcomes  | Measures of success   | Baseline Data | Action/s  | Priority  |  |   |
|---|---|---|---|---------------|---|---|--|---|
| <b>1.3 Cultural safety:</b> All facilities and events/programs related to active recreation consider cultural safety (ie. avoiding people feeling threatened, uncomfortable or challenged due to aspects of their cultural identity, customs and beliefs).  |  | All new active recreation facilities, events and programs informed by cultural safety considerations.   | Increased perception of cultural safety by target groups as evidenced by 'secret shopper' experiencing facilities.  | As above      | Engage with representatives from Cultural Groups and document design elements that can be incorporated into active recreation facilities and programs to encourage cultural safety. Establish a process to respectfully engage representatives from different cultures throughout the design process. |    |  |   |
|   |   | Increased use of active recreation facilities by diverse cultural groups.   |   |               |   |   |  |   |
| <b>1.4 Facility improvement (social):</b> All active recreation facilities will consider opportunities for social interaction (eg. seating suitable for groups close to recreation infrastructure).<br><br>Opportunities for social interaction should be incorporated into the design of all new active recreation facilities. Large projects should provide a safe 'edge' for people to approach and engage in the activity slowly over time. |  | Recreation facilities are used by a broader range of users (particularly teenage girls who highly value social aspects of active recreation). | More diverse groups using the facility as evidenced by observational data at facilities<br><br>Diverse groups of people feeling comfortable to engage in the space and try the activity | As above      | Capture required baseline data for all site assessment sites  |    |  |   |
|   |   |   |   |               |   | Specific consultation with diverse cultural groups during the design of recreation facilities and recommendations incorporated into the design. |   |   |
|   |   |   |   |               |   |   | All new active recreation facilities are designed to provide social opportunities.   |   |
|   |   |   |   |               |   |   | Site assessments of existing active recreation facilities and opportunities to improve social interaction identified as specific projects.   |  |
|   |   |   |   |               |   |   | Identification and implementation of 10 social interaction improvement projects relating to existing active recreation facilities as recommended by the audit.   |  |
|   |   |   |   |               |   |   | Identification of 3 opportunities for larger nodes to provide opportunities for social interaction at existing active recreation facilities. These projects should provide a safe 'edge' for people to approach and engage in the activity slowly over time. |  |
|   |   |   |   |               | 3 large nodes constructed to provide opportunities for large groups to socialise and for people to slowly approach and engage in the activity.  |    |  |   |






## Action Area 2: Activating existing facilities




|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |












|          |   |        |
|----------|---|--------|
| Priority |  | High   |
|          |  | Medium |
|          |  | Low    |

| Recommendation  | Key principle  | Outcomes   | Measures of success  | Baseline Data   | Action/s  | Priority  |
|---|--|--|--|---|---|---|
| <b>2.1 Facility awareness:</b> promotion of existing facilities by Council (via print & social media) to ensure people know what opportunities exist. |   | Residents and visitors to Yarra Ranges are aware of opportunities for active recreation within the municipality. | <p>Increased knowledge about and use of active recreation facilities within the community.</p> <p>Increase in the number of people engaging with social media</p>  | Assessment of current internal social media analytics | Work with the Communications Team to develop promotion of active recreation opportunities                             |  |
| <b>2.2 Facility awareness:</b> introduce a 'find active recreation opportunities near me' function on the Yarra Ranges web site.                      |   | Residents and Visitors to Yarra Ranges can easily find opportunities to participate in active recreation         | Increase in the number of people engaging with website   | As above  | Create a 'find active recreation opportunities near me' function on the Yarra Ranges web site                         |  |
| <b>2.3 Facility awareness:</b> on-site signs highlighting active recreation opportunities.  |  | Increased knowledge about the presence of, and how to use active recreation facilities within the community.     | <p>Presence of useful signs associated with active recreation facilities (and the avoidance of unnecessary visual clutter).</p> <p>The community has a greater awareness of active recreation facilities and how to use them as evidenced by a decrease in public requests for guidance on how to use them?.</p> | Community survey/ recreation activity observations    | Identify sites, design signage and install signs to assist the community to engage with active recreation facilities. |  |






## Action Area 2: Activating existing facilities




|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |















|          |  |
|----------|--|
| Priority |  High   |
|          |  Medium |
|          |  Low    |

| Recommendation  | Key principle   | Outcomes  | Measures of success  | Baseline Data                           | Action/s   | Priority   |
|---|---|---|--|---|--|--|
| <p><b>2.4 Site-based events and activities:</b><br/>run events at sites that draw attention to active recreation opportunities, and potentially provide assistance for beginners to get started (eg. a learn to skate class at a skate park).</p> <p>Events also provide an opportunity to engage with attendees/participants more broadly about active recreation.</p> |     | <p>A minimum of five well-attended site-based events and activities per year.</p> <p>Increased knowledge about and use of active recreation facilities within the community.</p>                            | <p>Participants have an increased knowledge of how to use, and, are more likely to use active recreation facilities</p>                              | <p>Recreation activity observations</p> | <p>Partner with internal and external partners to run five site based events at existing active recreation facilities.</p>   |   |
| <p><b>2.5 Activity-based events and activities:</b><br/>run an event based around an active recreation activity (ie. an event in the style of 'ride to work day', which is based around the activity not the location).</p>   |     | <p>Development of at least one activity-based event/activity of interest/relevance to the Yarra Ranges community.</p> <p>Increased participation in active recreation related to the selected activity.</p> | <p>Community participation rates in activity/events and events has increased as evidenced by registration data. Five successful events are held.</p> |   | <p>Partner with internal and external partners to promote and participate in an annual active recreation activity.</p>   |   |
| <p><b>2.6 Digital activities/events:</b><br/>eg. geocaching, digital puzzle trails, and augmented reality games providing opportunities for the active use of public spaces.</p>  |    | <p>Increased participation in active recreation by people/groups not motivated by existing opportunities.</p>   | <p>Increase in the number of people engaging with digital technologies within open space.</p>  | <p>Digital analytics data</p>           | <p>Development and implementation of a pilot digital activity/event of interest/relevance to the Yarra Ranges community.</p> <hr/> <p>Learnings from the pilot activity/event to be used to determine viability/desirability of additional activities/ events.</p> | <br><br> |

## Action Area 2: Activating existing facilities






|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |




|          |   |        |
|----------|---|--------|
| Priority |  | High   |
|          |  | Medium |
|          |  | Low    |



| Recommendation  | Key principle  | Outcomes   | Measures of success  | Baseline Data   | Action/s   | Priority  |
|---|--|--|--|---|--|---|
| <b>2.7 Partnering with existing clubs/groups:</b><br>provide support to existing clubs/groups who facilitate active recreation participation.                                     | <br>     | Increased participation in active recreation through sporting clubs                    | Number of people engaged in recreation programs  | Participation in recreation programs                              | Identification of existing clubs/groups providing active recreation opportunities, liaising with these groups about the potential support Council could provide to increase participation, and provision of identified support.  |    |
| <b>2.8 Establishing new clubs/groups:</b><br>Council to help to establish new clubs/groups that facilitate active recreation participation where such groups don't already exist. | <br>     | Increased participation in active recreation through newly established clubs or groups | Two new clubs established that support participation in active recreation                              | Understanding of existing number of clubs and participation rates | Identification of any gaps (relating to either activity or location) where clubs/groups related to providing active recreation opportunities could be formed. eg. social walking groups, or groups associated with potential new facilities proposed elsewhere within the implementation plan (such as bocce/petanque, rock climbing/bouldering, etc). |    |
|   |  |  |  |   | Liaison with interested parties and provision of appropriate support to help establish clubs/groups.   |    |
| <b>2.9 Equipment provision:</b><br>identify locations where Council can supply active recreation equipment for loan   | <br> | Increased use of active recreation assets  | Community using active recreation equipment on loan as evidenced by bookings.                          |   | Identification of opportunities to provide active recreation related equipment to the public in a safe and convenient way, and acting upon these.  |  |
|   |  |  |  |   | This may need to include liaison with non-Council entities (eg. a cafe next to an outdoor table tennis table who can assist in distributing balls and paddles).<br><br>Three locations established where community members can loan active recreation equipment.   |  |
| <b>2.10 Incentives:</b> develop and deliver incentives associated with active recreation participation (eg. collecting stamps in an 'activity passport')                          | <br> | Increased participation in active recreation   | Increased participation in active recreation by people/groups not motivated by existing opportunities. | observation data at active recreation facilities                  | Identification and implementation of at least one incentive scheme of interest/relevance to the Yarra Ranges community.  |  |

## Action Area 3: Increasing existing facility provision

Facility provision will be guided by relevant asset plans and strategies as they are developed

|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |






|          |   |        |
|----------|---|--------|
| Priority |  | High   |
|          |  | Medium |
|          |  | Low    |




| Recommendation  | Key principle  | Outcomes   | Measures of success  | Baseline Data | Action/s   | Priority  |
|---|--|--|--|---------------|--|---|
| <b>3.1 Ball play facilities:</b>                              | <br> | Provision of active recreation opportunities relating to ball play to increase provision/variety and in areas where there are identified gaps. | Increase in community use of facilities evidenced through observational data |               | Recreation Infrastructure constructed at up to 2 locations per year over 5 years.  |    |
|   |  |  |  |               | Develop new multi-purpose court facilities as itemised below:  |   |
|   |  |  |  |               | Lillydale Lake Exercise and Youth Activity Hub - multi-use court/half court development (combined with other activities including outdoor exercise and parkour). |    |
|   |  |  |  |               | McDermott Avenue Reserve, Mooroolbark - develop multi-purpose courts (including volley ball)   |    |
|   |  |  |  |               | Eyrefield Park, Lilydale - develop multi-purpose courts (including pickleball)   |    |
|   |  |  |  |               | Belgrave (site to be determined) - develop multipurpose courts (including pickleball)  |    |
|   |  |  |  |               | Wandin North/Seville (site to be determined) - develop multi-purpose courts  |   |
|   |  |  |  |               | Launching Place/Yarra Junction (site to be determined) - develop multipurpose courts   |  |
| Monbulk (site to be determined) - develop multipurpose courts |   |  |  |               |  |   |
















## Action Area 3: Increasing existing facility provision

Facility provision will be guided by relevant asset plans and strategies as they are developed






|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |




|          |  |
|----------|--|
| Priority |  High   |
|          |  Medium |
|          |  Low    |

















| Recommendation  | Key principle   | Outcomes  | Measures of success                        | Baseline Data | Action/s   | Priority  |
|---|---|---|--|---------------|--|---|
| <b>3.2 Outdoor exercise facilities:</b>   |      | Provision of active recreation opportunities in areas where there is high demand and/or identified gaps to increase participation in active recreation. | Community use of facilities (observations) |               | Recreation Infrastructure constructed at up to 2 locations per year over 5 years.  |    |
|   |   |   |  |               | Explore opportunities to develop new exercise facilities where need is identified as itemised below.   |   |
|   |   |   |  |               | Lillydale Lake Exercise and Youth Activity Hub – develop outdoor exercise node (combined with other activities including multi-use court and parkour). |    |
|   |   |   |  |               | Warburton Highway (sites to be determined) – develop two outdoor exercise nodes.   |    |
|   |   |   |  |               | Mount Evelyn (site to be determined) – develop an outdoor exercise node.   |    |
| <b>3.3 Wheeled play facilities:</b>   |    | Provision of active recreation opportunities in areas where there is high demand and/or identified gaps.  | Community use of facilities (observations) |               | Recreation Infrastructure constructed at up to 2 locations per year over 5 years.  |  |
|   |   |   |  |               | Develop new wheeled play facilities (including skate parks and pump tracks) as itemised below.   |   |
|   |   |   |  |               | Belgrave South Recreation Reserve, Belgrave South - develop skate facilities.  |  |
|   |   |   |  |               | Montrose – site to be determined   |  |
|   |   |   |  |               | Seville - develop skate park and pump track facilities (in central location behind shops)  |  |
|   |   |   |  |               | Jadodade Community Park, Launching Place – develop pump track and skate park.  |  |
|   |   |   |  |               | Eyrefield Park, Lilydale - skate park extension and upgrade.   |  |
| Queens Park Healesville - renewal upgrade of existing bike track and minor improvements to the skate park |  |   |  |               |  |   |

## Action Area 4: New facility provision

Facility provision will be guided by relevant asset plans and strategies as they are developed






|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |




|          |   |        |
|----------|---|--------|
| Priority |  | High   |
|          |  | Medium |
|          |  | Low    |









| Recommendation                      | Key principle   | Outcomes   | Measures of success   | Baseline Data  | Action/s   | Priority   |
|-------------------------------------|---|--|---|--|--|--|
| <b>4.1 Outdoor table tennis:</b>    | <br>  | <p>Increased diversity of active recreation opportunities.</p> <p>Provision of active recreation facilities that appeal to a cohort not well catered to by existing facilities.</p>                    | <p>Installation of table tennis tables at up to 4 sites</p> <p>Increased community satisfaction with diversity of recreation opportunities.</p> | <p>Satisfaction with diversity of recreation opportunities</p> | <p>Identify suitable locations in urban areas and larger towns for table tennis table installation.</p>  |   |
| <b>4.2 Bocce/petanque:</b>          | <br>  | <p>Increased diversity of active recreation opportunities.</p> <p>Provision of active recreation facilities that appeal to a cohort (older age groups) not well catered to by existing facilities.</p> | <p>Installation of Bocce/petanque at up to 5 sites</p> <p>Increased community satisfaction with diversity of recreation opportunities.</p>      | <p>Satisfaction with diversity of recreation opportunities</p> | <p>Identify suitable locations in urban areas and larger towns for bocce/petanque installation. Bocce trialed at Melba Park</p>  |   |
| <b>4.3 Disc golf:</b>               | <br>  | <p>Increased diversity of active recreation opportunities.</p>   | <p>Increased community satisfaction with diversity of recreation opportunities.</p>   | <p>Satisfaction with diversity of recreation opportunities</p> | <p>Work with interested parties to identify a suitable location for installation of disc golf facilities in existing parkland.</p>   |   |
| <b>4.4 Climbing/obstacles/play:</b> | <br><br> | <p>Increased diversity of active recreation opportunities.</p>   | <p>Increased community satisfaction with diversity of recreation</p>  | <p>Satisfaction with diversity of recreation opportunities</p> | <p>Investigate the possibility and construction of a rock wall at McDermott Avenue Reserve</p> <hr/> <p>Identify suitable locations for obstacle course spaces (parkour/'ninja park'). Up to 3 sites.</p> <hr/> <p>Lillydale Lake Exercise and Youth Activity Hub - develop parkour facility (combined with other activities including outdoor exercise and multi-use court).</p> <hr/> <p>Identify suitable locations for social/performative play spaces (targeted at teenage girls). Up to 3 sites.</p> | <br><br><br> |

## Action Area 4: New facility provision

Facility provision will be guided by relevant asset plans and strategies as they are developed

|               |   |  |   |
|---------------|---|--|---|
| Key principle |  Access    |  Activation |  Social Connection |
|               |  Diversity |  Inclusion  |   |

|          |   |        |
|----------|---|--------|
| Priority |  | High   |
|          |  | Medium |
|          |  | Low    |

| Recommendation   | Key principle  | Outcomes  | Measures of success  | Baseline Data   | Action/s   | Priority  |
|--|--|---|--|---|--|---|
| <b>4.5 Youth Space:</b>  |     | <p>Increased diversity of active recreation opportunities.</p> <p>Provision of active recreation facilities that appeal to a cohort not well catered to by existing facilities.</p> | Increased community satisfaction with diversity of recreation opportunities. | Satisfaction with diversity of recreation opportunities | <p>Develop a flexible multi-purpose youth focused area as detailed below</p> <ul style="list-style-type: none"> <li>Lillydale Lake Exercise and Youth Activity Hub - develop activity hub including multi-use courts, parkour and outdoor exercise equipment.</li> </ul> |  |
| <b>4.6</b> Develop appropriate water access for human-powered water craft (eg. jetties & ramps). |     | Increased diversity of active recreation opportunities.   | Water craft access infrastructure has been created.                          | Satisfaction with diversity of recreation opportunities | Lillydale Lake - develop appropriate water craft access infrastructure   |  |



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